RAMP Worksheet



Activity Name:				Date:	AP reviewed by:			
Safety Requirements These requirements are based on the RAMP analysis documented on the following page(s) of the worksheet. • Tie back long hair and secure loose clothing.		Th	e checked boxes ind Hands-on Activity	when near this ac	of PPE that various	s people must wear Demo		
 Wear appropriate PPE as indicated in the chart to the right. Do not eat or drink food or liquids near this activity or demo Clean up and dispose of materials properly when you have 		Facilitator	Participant	Spectator	Presenter	Onstage volunteer	Spectator	
finished with this activity or demo. •Thoroughly wash your hands after conducting this activity	Safety glasses							
or performing this demo.	Splash goggles							
	Face shield							
•	Food service gloves							
	Nitrile gloves							
	Thermal gloves (hot/cold)							
	Lab coat or apron							
	Hearing protection							
Activity facilitators, participants, demo presenters, and spectators must understand and exhibit the behaviors listed above during the preparation, presentation, and dismantling of this activity or demo			vity or demo if th	•		not use this activ n outreach settir	•	

RAMP Worksheet



Recognize the Hazards		Assess Risks	Minimize Risks		Prepare for Emergencies	
What happens in each step of the procedure?	What types of hazard(s) does this step pose?	What is the risk level before making changes?	How can we lower risk to an acceptable level?	What is the risk level after implementing changes?	What action will we take if a mishap or injury occurs? (Write the type of emergency as a title, with the protocol for handling it directly beneath.)	
		Low		Low		
		Medium		Medium		
		High		High		
		Low		Low		
		Medium		Medium		
		High		High		
		Low		Low		
		Medium		Medium		
		High		High		
		Low		Low		
		Medium		Medium		
		High		High		
		Low		Low		
		Medium		Medium		
		High		High		
		Low		Low		
		Medium		Medium		
		High		High		

For additional steps in the procedure, duplicate or make copies of this page.