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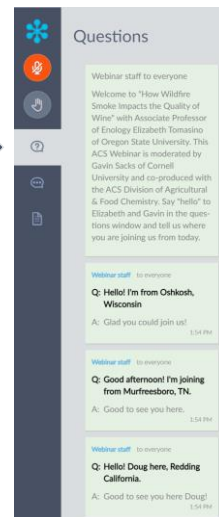


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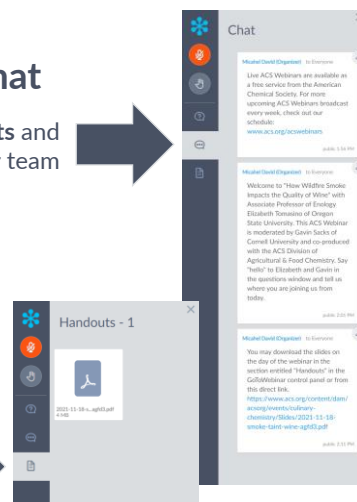


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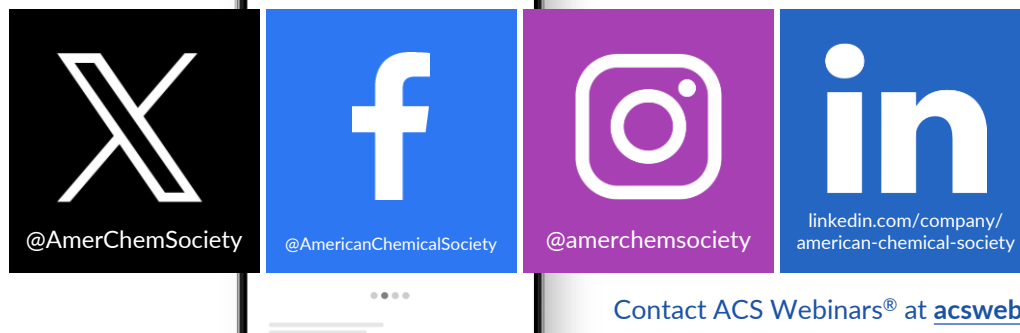


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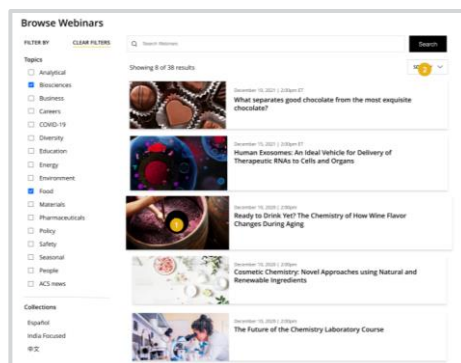
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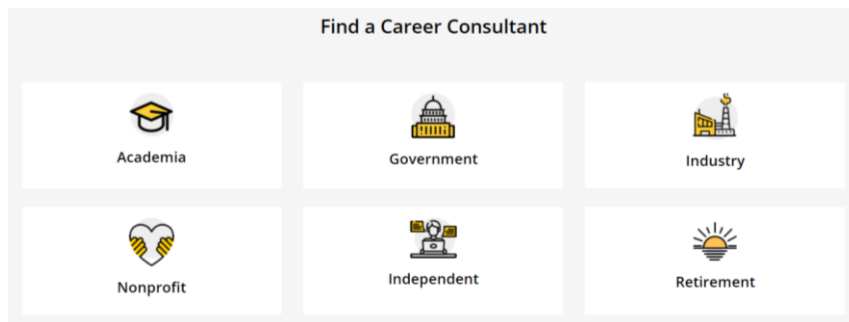


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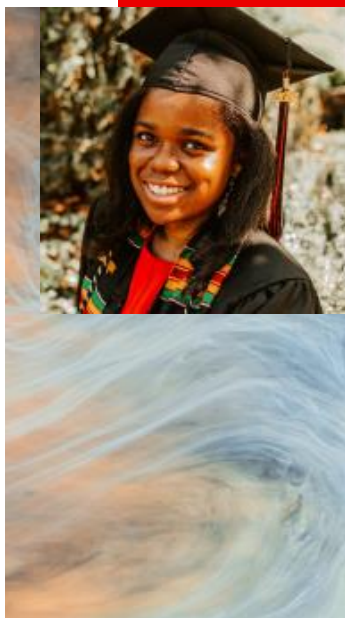
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ACS Scholar Adunoluwa Obisesan

BS, Massachusetts Institute of Technology, June 2021
(Chemical-biological Engineering, Computer Science & Molecular Biology)



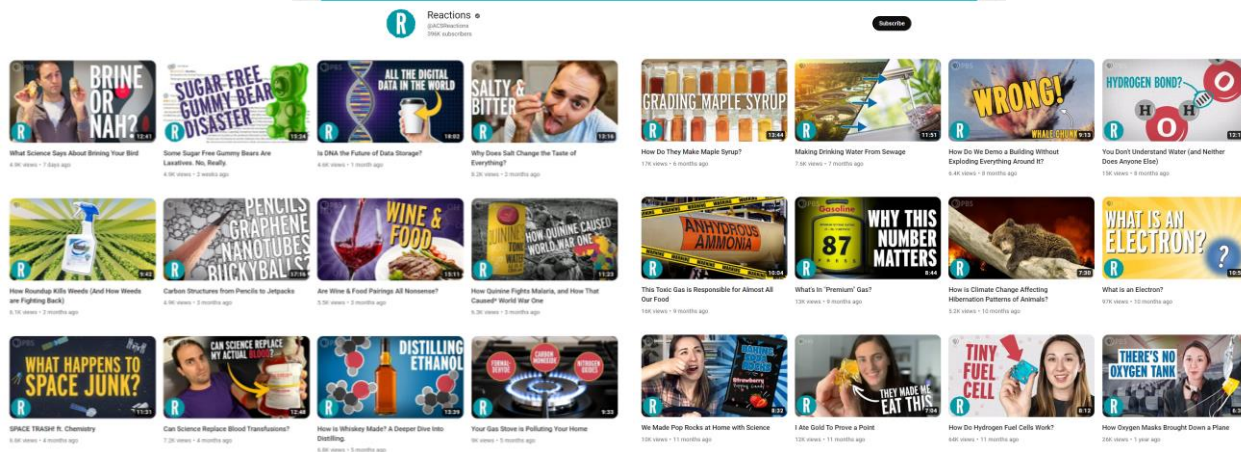
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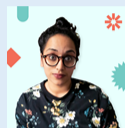
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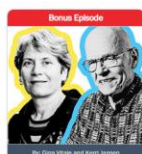
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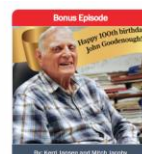
Bonus Episode
Carolyn Bertozzi and K. Barry Sharpless chat about sharing the 2022 Nobel Prize in Chemistry
December 6, 2022



Bonus Episode
Bioorthogonal, click chemistry clinch the Nobel Prize
October 5, 2022



Episode #46
Lithium mining's water use sparks bitter conflicts and novel chemistry
September 13, 2022



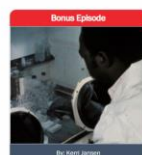
Bonus Episode
Happy 100th birthday, John Goodenough!
For John Goodenough's 100th birthday, Stereo Chemistry revisits a fan-favorite interview with the renowned scientist
July 25, 2022



Bonus Episode
Jesse Wade on Wikipedia and work-life balance
June 21, 2022



Bonus Episode
The sticky science of why we eat so much sugar
May 31, 2022



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Personal Career Consultations

Jim Tung

Chairman
Lacamas Laboratories

B.S., Biochemistry, University of Oregon
Ph.D., Organic Chemistry, University of Notre Dame

Jim Tung works at Lacamas Laboratories in Portland, OR, currently as a business development manager. He has been with Lacamas for 10 years, working on developing new chemical manufacturing projects. Before that, he was a senior research chemist at Glatter Research in Champaign, IL, performing kilo-scale organic chemistry.

An Oregon native, Jim got his B.S. in biochemistry from the University of Oregon, his Ph.D. in organic chemistry from the University of Notre Dame, with postdoctoral experience at Pfizer's laboratories in La Jolla, CA. He is past chair of the Portland Section of the American Chemical Society and was 2019 general co-chair of NORM 2019. He has interests in process chemistry, labor economics, social media outreach and encouraging career exploration and development for younger chemists.

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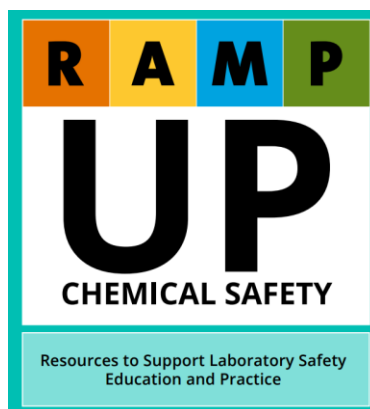
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Advancing ACS' Core Value of Diversity, Equity, Inclusion and Respect



Resources

| | |
|---|---|
| Inclusivity Style Guide Designed to help staff and members use language and images that respect diversity in all its forms. → | ACS Webinars on Diversity Covering diversity and inclusion at the workplace → |
| ACS Publications DEIR Hub See what ACS Publications is doing for fostering inclusivity in scholarly publishing → | ACS Volunteer and ACS Meetings Code of Conduct Fostering a positive and welcoming environment for attendees, volunteers and staff. → |
| C&EN Trailblazers C&EN highlights scientists from different backgrounds who are making an impact in chemistry. → | NEW! Download DEIR Educational Resources Download this educational guide for additional recommendations on videos, articles, books, podcasts, and more on diversity, inclusion, and related topics. → |
| Quick Guide: Inclusion Moments Learn more about what Inclusion Moments are and see ideas to host them during your meetings. → | Quick Guide: How to host inclusive in-person events Recommendations and best practices to ensure that your events can accommodate everyone. → |

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Inclusion**

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Respect

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Wednesday, February 28, 2024| 2-3:30pm ET

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Thursday, February 29, 2024| 2-3:15pm ET

Sustainable Biomufacturing at Scale

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The GLP-1 Revolution:

From Diabetes and Obesity to Alzheimer's and PCOS



RICHARD WYSE, MBE

Director of Research and
Development, The Cure
Parkinson's Trust



LEILA PARAND, PhD, MD

Neurobehavior Specialist, UCLA
Memory Clinic, David Geffen
School of Medicine



Melanie G. Cree, PhD, MD

Physician Scientist, Pediatric
Endocrinologist and Associate
Professor, University of
Colorado Anschutz and
Children's Hospital Colorado



CAROLINE HOPKINS, MS

Health & Science Reporter,
Precision Medicine Online
and GenomeWeb

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The GLP-1 Revolution

From Diabetes and Obesity to Alzheimer's and PCOS

Thu, Feb 22nd, 2024

Dr Richard Wyse
Director of Clinical Development
Cure Parkinson's

richard@cureparkinsons.org.uk

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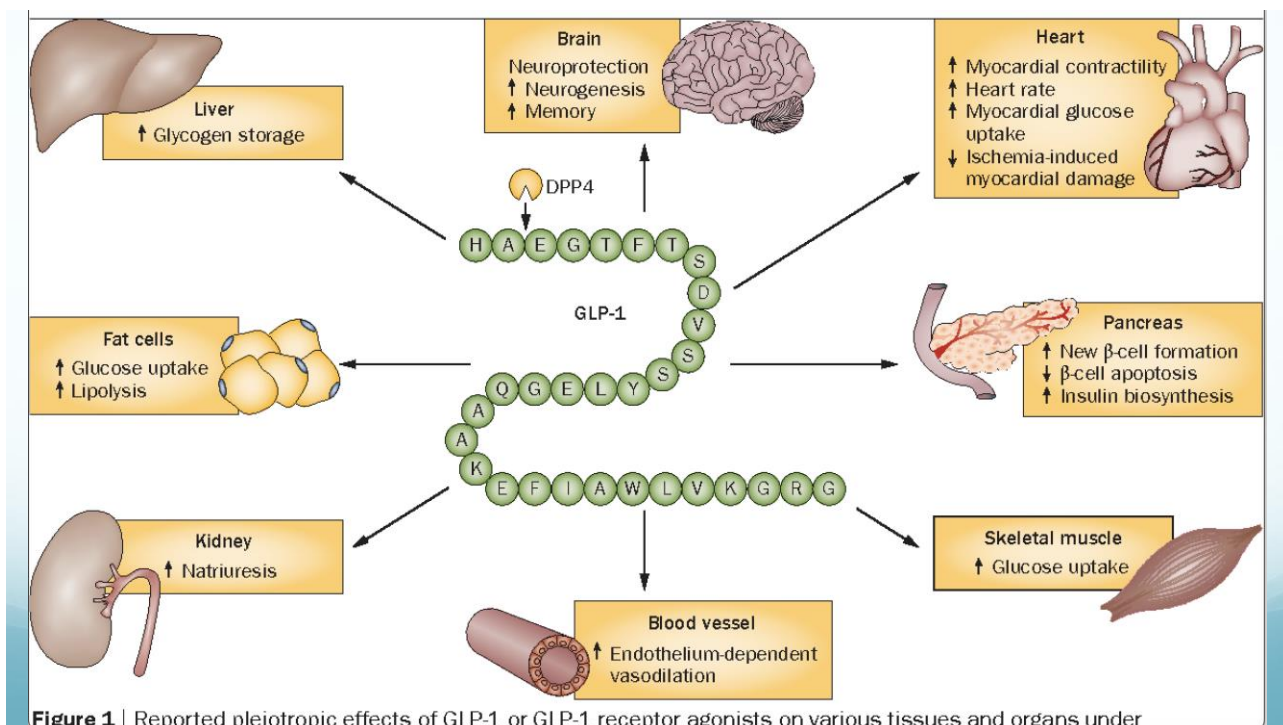
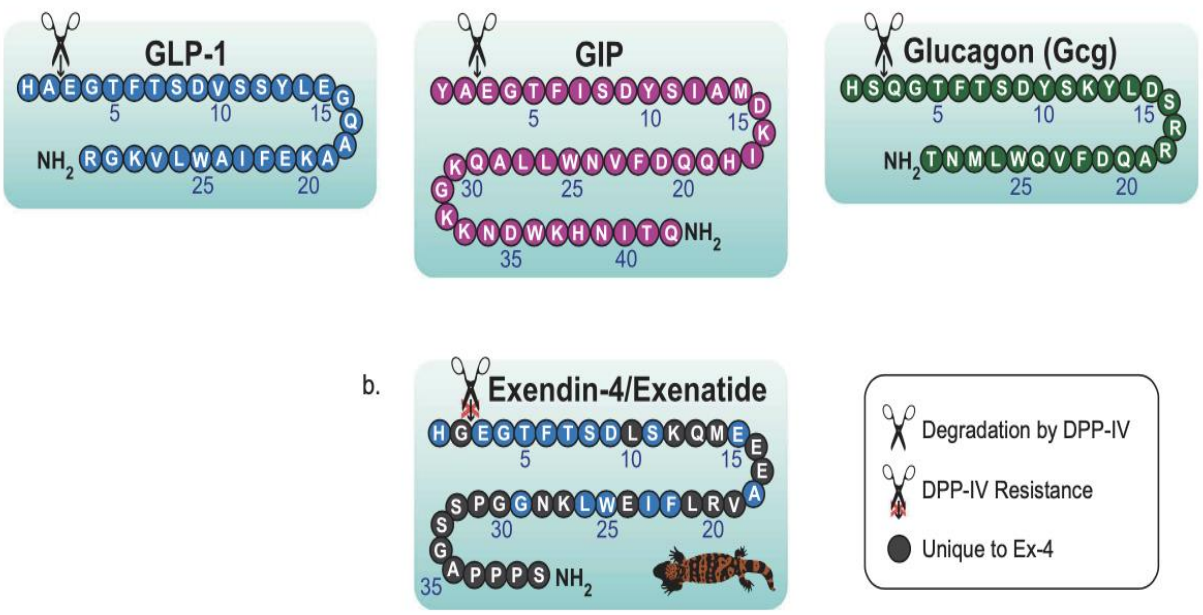


Figure 1 | Reported pleiotropic effects of GLP-1 or GLP-1 receptor agonists on various tissues and organs under

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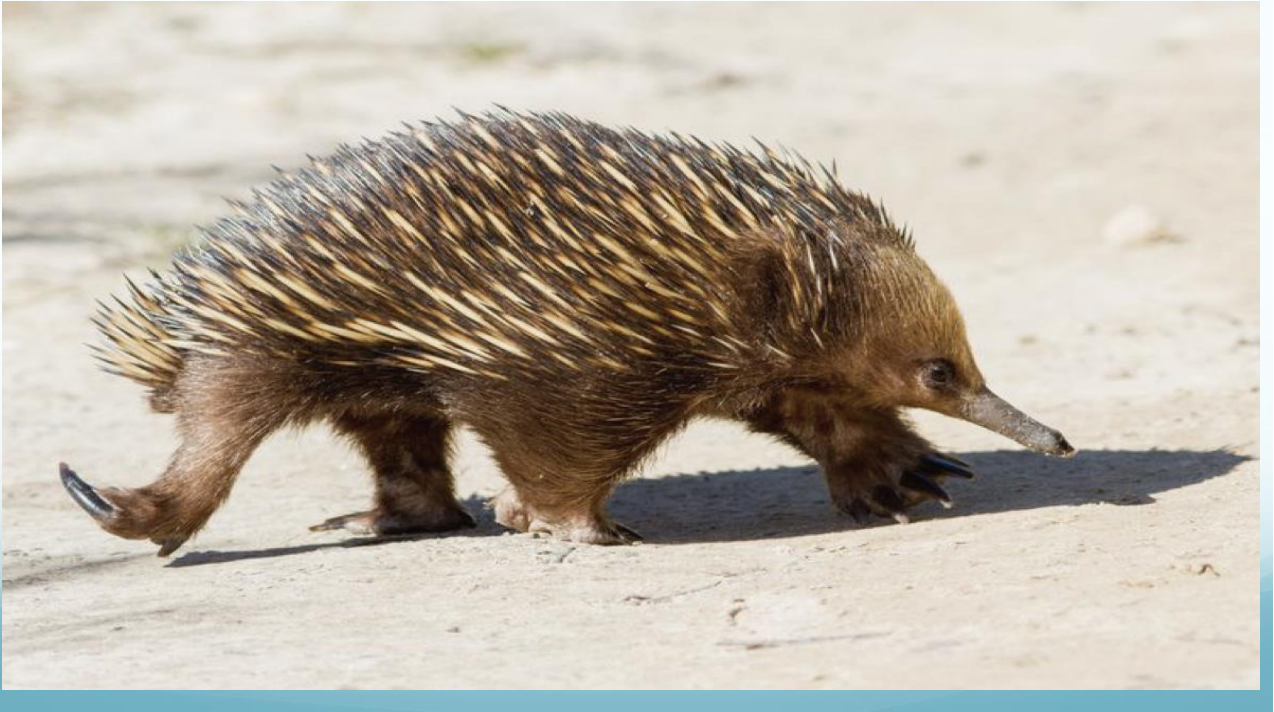
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Currently Parkinson's patients have :

Symptomatic therapies, with many imperfections

NOTHING to stop year-on-year neurodegeneration

What do we need?

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What do we need?

We need symptomatic medications that work better

We need disease-modifying medications that work

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International PD Linked Clinical Trials Initiative

The Brief

To evaluate, prioritise and repurpose existing and new, developing medications that may have benefit in Parkinson's

The Cure Parkinson's Trust

The Cure Parkinson's Trust is a registered charity in England and Wales (1111816) and Scotland (SCO44368) and a company limited by guarantee - company number 5539974



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Received: 23 July 2018 | Revised: 10 September 2018 | Accepted: 21 September 2018

DOI: 10.1111/ejn.14175

SPECIAL ISSUE ARTICLE

WILEY | EJM | European Journal of Neuroscience | FENS

The Linked Clinical Trials initiative (LCT) for Parkinson's disease

Patrik Brundin¹ | Richard K. Wyse²

¹Center for Neurodegenerative Science, Van Andel Research Institute, Grand Rapids, Michigan

²The Cure Parkinson's Trust, London, UK

Correspondence

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Email: patrik.brundin@vai.org and r@cureparkinsons.org.uk

Funding information

The Cure Parkinson's Trust and Van Andel Institute; Michael J Fox Foundation; JP Moulton Charitable Foundation; Horizon 2020 (European Union)

Abstract

The Linked Clinical Trials (LCT) initiative is a drug repurposing programme specifically aimed at identifying drugs that can slow the progression of Parkinson's disease (PD). Tom Isaacs was one of the key people behind the idea of LCT in 2011. He ensured it became a priority of The Cure Parkinson's Trust (CPT), a philanthropic funding body based in the UK which Tom had co-founded 7 years earlier. During the latter 6 years of his life, Tom Isaacs was heavily involved in the LCT initiative and held the programme dear to his heart. This article describes the genesis of LCT and how the LCT scientific committee evaluates candidate drugs. From 2012, this committee has met annually to prioritise drugs suitable for repurposing in PD. This article does not catalogue every clinical trial within the LCT programme, but describes the 10 clinical trials that emerged either directly, or as an offspring from discussions, at the first meeting of the LCT scientific committee. Some, but not all, are funded by CPT, and all 10 trials are now either completed or ongoing. These trials use drugs developed to address one of the four therapeutic targets: glucagon-like peptide 1 receptor, iron, and c-abl tyrosine kinase. We conclude the LCT programme has already sparked a large number of promising clinical trials aimed at slowing PD progression. In doing so, it is a major legacy of Tom Isaacs, carrying the torch he once lit and conveying a sense of urgency for new and life-transforming therapies for people with PD.

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International PD Linked Clinical Trials Initiative

This unique worldwide initiative was designed rapidly to develop the many on-going discoveries and breakthroughs that involve an ever-increasing number of PD-relevant biological targets.

The aim is specifically to evaluate, prioritise new, and repurposed regulatory-approved, medications that may also have direct therapeutic disease-modifying benefits for patients with Parkinson's disease.

To accomplish this, a large International PD Linked Clinical Trials Committee of acknowledged global PD experts was formed in 2012.

Our 1 year progress was described in Journal of Parkinson's Disease, 2013.

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Journal of Parkinson's Disease 3 (2013) 231–239
DOI 10.3233/JPD-139000
IOS Press

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Review

Linked Clinical Trials – The Development of New Clinical Learning Studies in Parkinson's Disease Using Screening of Multiple Prospective New Treatments

Patrik Brundin^{a,1,*}, Roger A. Barker^{b,1}, P. Jeffrey Conn^{c,1}, Ted M. Dawson^{d,1}, Karl Kieburtz^{e,1}, Andrew J. Lees^{f,1}, Michael A. Schwarzschild^{g,1}, Caroline M. Tanner^{h,1}, Tom Isaacsⁱ, Joy Duffenⁱ, Helen Matthewsⁱ and Richard K.H. Wyseⁱ

^aCenter for Neurodegenerative Science, Van Andel Institute, MI, USA

^bCambridge Centre for Brain Repair, Cambridge, UK

^cVanderbilt Center for Neuroscience Drug Discovery, Vanderbilt University Medical Center, Nashville, TN, USA

^dJohns Hopkins University, Institute for Cell Engineering, Baltimore, MD, USA

^eUniversity of Rochester Medical Center, Center for Human Exp. Therapeutics, Rochester, NY, USA

^fReta Lila Weston Institute of Neurological Studies, University College London, London, UK

^gDepartment of Neurology, Massachusetts General Hospital, Boston, MA, USA

^hThe Parkinson's Institute and Clinical Center, Sunnyvale, CA, USA

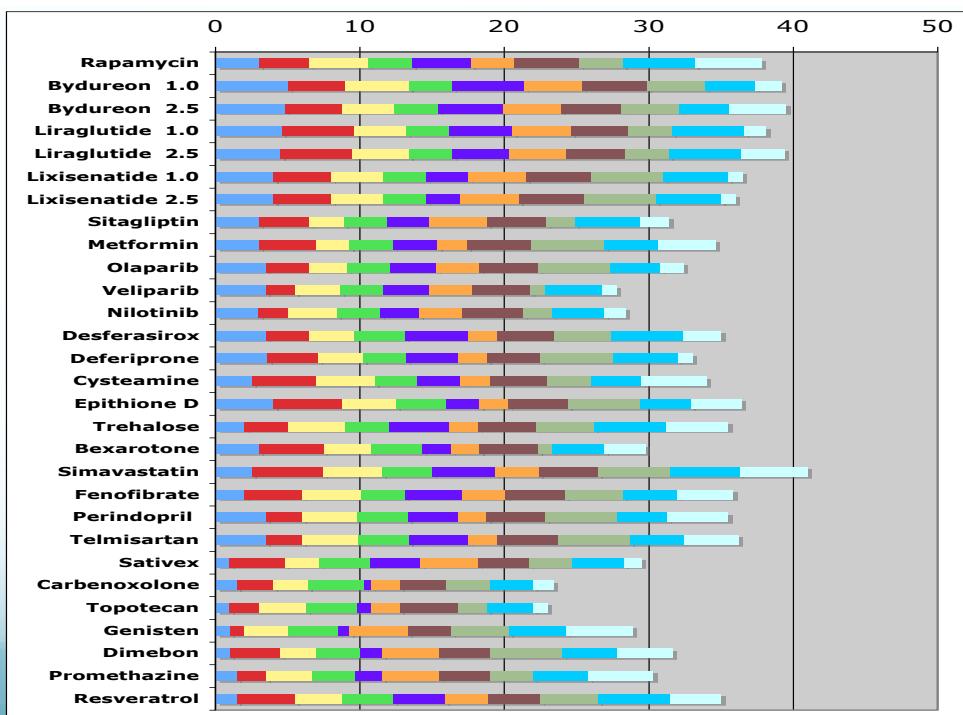
ⁱThe Cure Parkinson's Trust, UK. The Pavilion, Mickelfield Hall, Sarratt, Herts, UK

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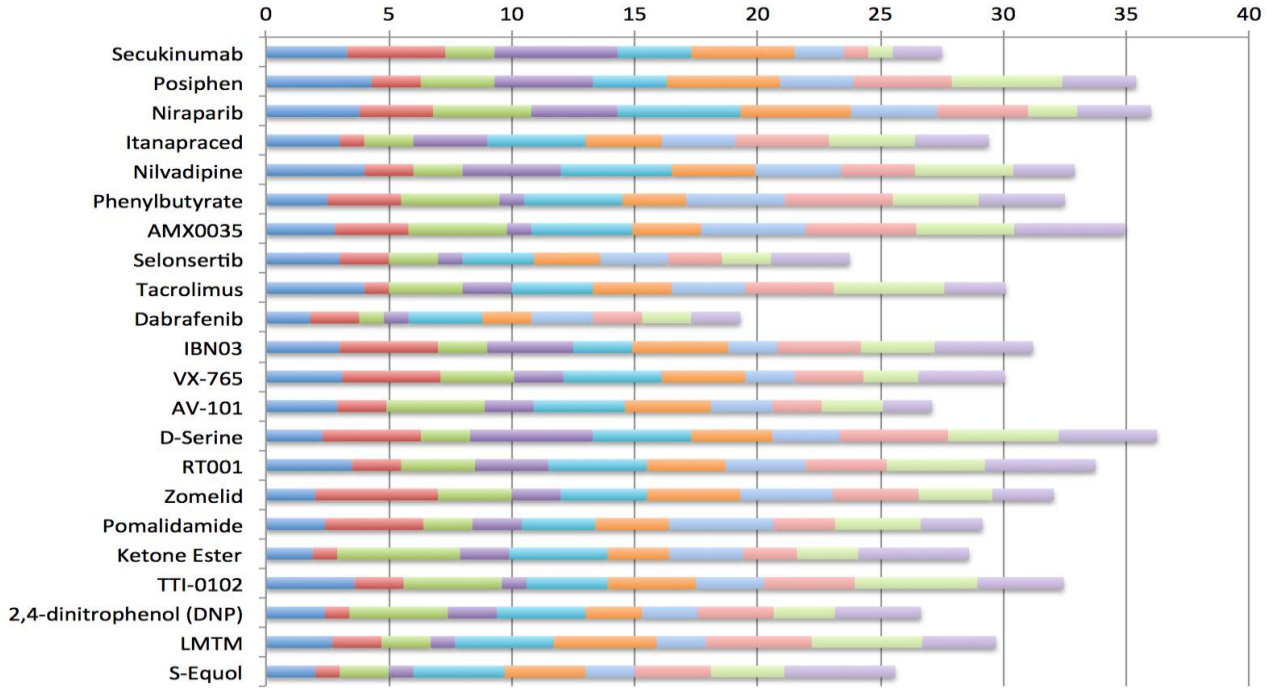
Current Composition of International PD Linked Clinical Trials Committee

- Professor Patrik Brundin, Van Andel Institute, Michigan, USA (chairman)
- Professor Andrew Lees, Institute of Neurology, London, UK
- Professor Ted Dawson, Johns Hopkins University, Baltimore, USA
- Professor Michael Schwarzschild, Harvard University, Boston, USA
- Professor Carlie Tanner, University of California, San Francisco, USA
- Professor Karl Kieburtz, University of Rochester, New York, USA
- Professor Roger Barker, University of Cambridge, UK
- Professor Jeff Conn, University of Nashville, Tennessee, USA
- Professor Howard Federoff, University of California, Irvine, USA
- Professor David Simon, Massachusetts General Hospital, Boston, USA
- Professor John Trojanowski, University of Pennsylvania, USA
- Professor Tom Foltynie, Institute of Neurology, London, UK
- Professor Flint Beal, Cornell University, New York, USA
- Professor Mark Mattson, NIH, Washington, USA
- Professor David Sulzer, Columbia University, New York, USA
- Professor Dimitri Krainc, Northwestern University, Chicago, USA
- Professor Mark Cookson, NIH, USA
- Dr Brian Fiske, Michael J Fox Foundation, New York, USA
- Dr Camille Carroll, Peninsula University, UK
- Professor David Devos, Lille University, France

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International PD Linked Clinical Trials (LCT) Program

VARI - The Cure Parkinson's Trust: Phase II and Phase III Linked Clinical Trials Initiatives

| 2014 | 2015 | 2016 | 2017 | 2018 | 2019 | 2020 | 2021 | 2022 |
|--|------|------|---|--|--|---|------|------|
| Exenatide 44 pts & Bydureon 60 patients | | | Completed | | Phase III 200 patient, 2 year trial starts Oct 2019 GLP-1 agonist Wearables & imaging sub-studies | | | |
| Ambroxol | | | Completed | | GBA therapeutic Planning next clinical stage. CPT funded GBA & idiopathic patients RAPSONI and FRONTLINE-PD | | | |
| EPI-589 | | | Completed | | New mitochondrial (oxidoreductase) therapeutic USA, UK and German centers. Idiopathic & genetic PD patients | | | |
| Simvastatin | | | 230/198 recruited | 2 year trial Multiple biological targets | | CPT part-funded Multiple sub-studies. | | |
| Deferiprone: Sky, FAIRPARK II | | | 335/338 recruited | Iron chelation approach. Pan-European centers. Sky = Apo Pharma dose finding study | | 338 de-novo patients, EU funded | | |
| Liraglutide | | | Almost fully recruited | GLP-1 agonist PD pts with & without insulin resistance 54 weeks on Liraglutide. Cognition & motor end points | | | | |
| Lixisenatide | | | 76/158 recruited | GLP-1 agonist Early stage PD patients, 21 French hospitals | | CPT/VARI/French Government funded | | |
| UDCA | | | 29/30 randomised | Proof of concept study. Novel imaging & wearables. Mitochondrial mode of action. Started 2019 | | CPT funded | | |
| Nilotinib | | | Completed | cAbl inhibitor Funding from MJFF & CPT & VARI | | Results released December 2019 | | |
| K-0706 | | | Completed | Safety, tolerability Ph I study involving 32 patients | | No serious ADRs at highest dose (384mg) | | |
| K-0706 | | | Completed | PK/dose finding study. CSF levels in humans similar to those found for efficacious doses in mouse models | | | | |
| K-0706 | | | 504 PD patients | cAbl inhibitor Multinational Phase II trial started 2019 | | | | |
| Nortryptiline | | | ADePT-PD 408 PD patients | | To start in Q4 2019 | | | |
| Azathioprine | | | Alpha-synuclein mode of action | | Anti-inflammatory mode of action Trial starts in 2019 | | | |
| Australia - Drug 1 | | | Phase II, 3 treatment arms + placebo arm | | 300 PD patients. Extensive additional biomarker studies. All 3 trials simultaneously to start in Q2 2020 | | | |
| Australia - Drug 2 | | | Drug over-encapsulation of all treatment arms | | Australian federal government funded (APM) | | | |
| Australia - Drug 3 | | | | | | | | |
| Completed LCT trials, or entering Phase III | | | | | | | | |
| Active LCT Phase II trials | | | | | | | | |
| Phase III LCT trials due to be launched in 2019/2020 | | | | | | | | |

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GLP-1 Agonists – the facts



What are GLP-1 Agonists and why are these drugs important to CPT's research?

Liraglutide, Lixisenatide and Exenatide (the synthetic form of Exendin-4) belong to a group of drugs called Glucagon-like peptide (GLP-1) agonists designed to mimic the action of human gut hormones (incretins). GLP-1's are currently used to treat diabetes and in recent years there has been research based evidence to suggest that they show

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The October Club Fundraising Dinner

The October Club Dinner Auction Lots

Team CPT at the Royal Parks Foundation Half Marathon 2016

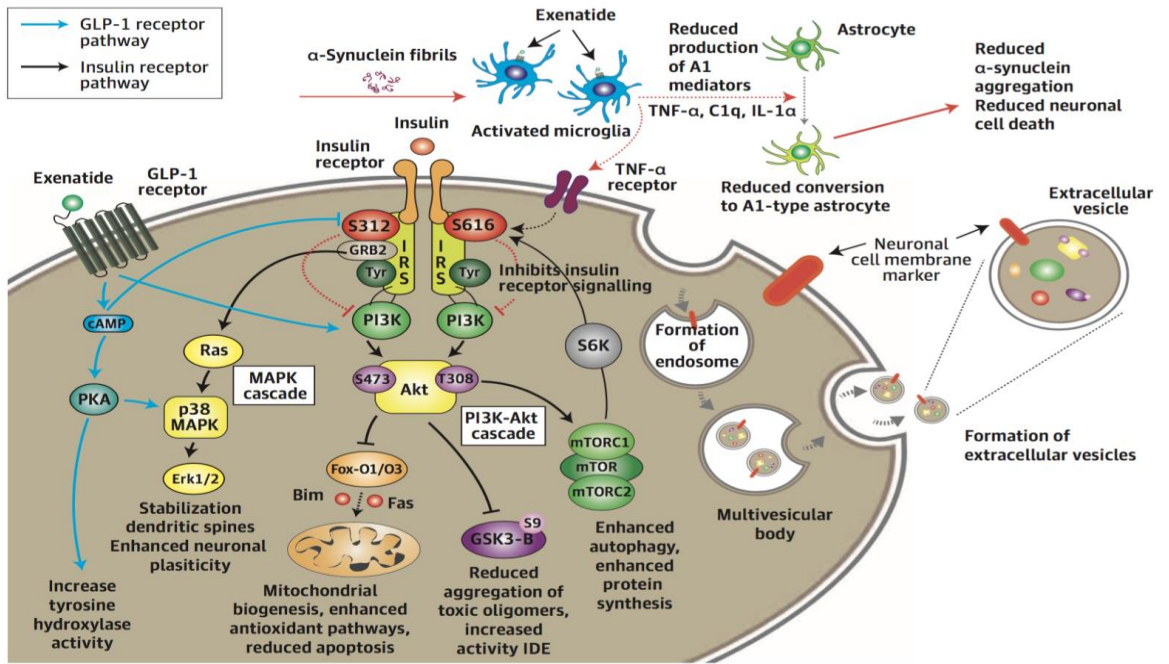
The Grouse & Grape Fundraising Luncheon



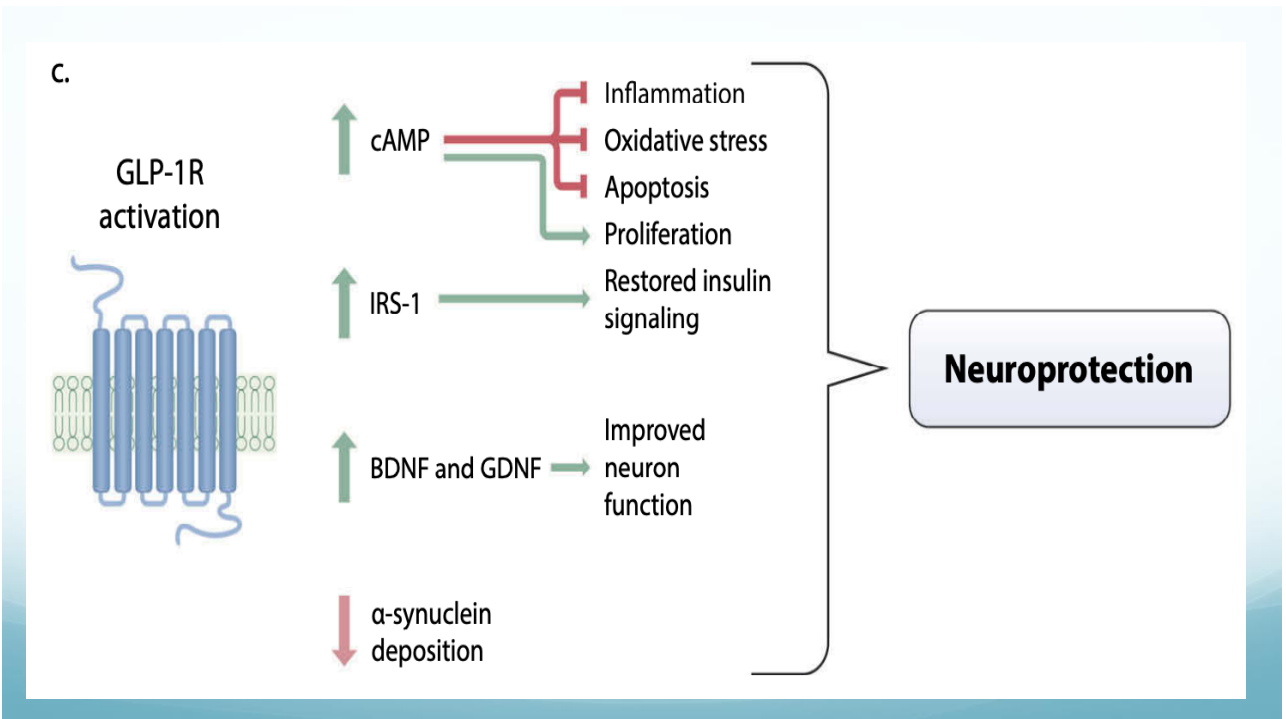
Parkinson's Movement

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Proposed Scheme for the Neuroprotective Effects of Glucagon-Like Peptide 1 (GLP-1) in Neurons



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Diabetes medications and risk of Parkinson's disease: a cohort study of patients with diabetes

Ruth Brauer,¹  Li Wei,¹ Tiantian Ma,¹ Dilan Athauda,² Christine Girges,²  Nirosen Vijiaratnam,² Grace Auld,² Cate Whittlesea,¹ Ian Wong^{1,3} and Tom Foltynie²

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Table 3 Results of the primary and secondary analyses (GTZ, DPP4 and GLP-1 drugs versus other oral drugs used in diabetes)

| Type of analysis | GTZ and DPP-4 (n = 58 072) | | GTZ (n = 21 175) | | DPP4 inhibitors (n = 36 897) | | GLP-1 receptor agonists (n = 10 684) | |
|----------------------------|-----------------------------|--------------------------------|-----------------------------|--------------------------------|------------------------------|--------------------------------|--------------------------------------|--------------------------------|
| | Crude IRR (95% CI), P-value | Adjusted IRR (95% CI), P-value | Crude IRR (95% CI), P-value | Adjusted IRR (95% CI), P-value | Crude IRR (95% CI), P-value | Adjusted IRR (95% CI), P-value | Crude IRR (95% CI), P-value | Adjusted IRR (95% CI), P-value |
| Primary analysis | 0.69 (0.55–0.87), <0.01 | 0.85 (0.66–1.08), 0.206 | 0.83 (0.64–1.07), 0.143 | 1.17 (0.76–1.63), 0.467 | 0.54 (0.41–0.73), <0.01 | 0.64 (0.43–0.88), <0.01 | 0.40 (0.24–0.66), <0.01 | 0.38 (0.17–0.60), <0.01 |
| Additional analyses | | | | | | | | |
| Follow-up time censored | 0.56 (0.44–0.72), <0.01 | 0.58 (0.45–0.76), <0.01 | 0.66 (0.46–0.91), 0.012 | 0.52 (0.32–0.73), <0.01 | 0.48 (0.34–0.66), <0.01 | 0.52 (0.33–0.74), <0.01 | 0.24 (0.11–0.52), <0.01 | 0.16 (0.03–0.3), <0.01 |
| Past use | 1.24 (0.92–1.68), 0.160 | 0.54 (0.40–0.70), <0.01 | 1.06 (0.78–1.43), 0.729 | 0.93 (0.50–1.40), 0.777 | 0.88 (0.53–1.46), 0.633 | 0.29 (0.14–0.45), <0.01 | 0.72 (0.38–1.36), 0.311 | 0.61 (0.07–1.17), 0.179 |
| Duration use | | | | | | | | |
| Up to 12 months | 0.6 (0.41–0.88), <0.01 | 0.75 (0.44–1.08), 0.152 | 0.73 (0.47–1.14), 0.170 | 0.75 (0.38–1.14), 0.208 | 0.39 (0.20–0.76), <0.01 | 0.44 (0.10–0.78), 0.003 | 0.35 (0.16–0.74), <0.01 | 0.26 (0.04–0.48), <0.01 |
| 12–36 months | 0.72 (0.47–1.10), <0.01 | 0.89 (0.50–1.31), 0.607 | 0.67 (0.39–1.17), 0.158 | 0.68 (0.25–1.13), 0.172 | 0.80 (0.43–1.48), 0.475 | 1.20 (0.31–2.14), 0.651 | ^a | ^a |
| > 36 months | 0.72 (0.56–0.92), 0.132 | 0.86 (0.65–1.10), 0.269 | 0.91 (0.68–1.21), 0.502 | 1.34 (0.76–1.96), 0.248 | 0.55 (0.39–0.76), <0.01 | 0.63 (0.37–0.90), 0.015 | 0.44 (0.23–0.85), 0.01 | 0.45 (0.11–0.79), <0.01 |
| Age > 40 years | 0.69 (0.55–0.87), <0.01 | 0.87 (0.67–1.09), 0.256 | 0.83 (0.64–1.07), 0.145 | 1.19 (0.77–1.67), 0.890 | 0.54 (0.41–0.73), <0.01 | 0.65 (0.44–0.89), 0.011 | 0.41 (0.25–0.68), <0.01 | 0.40 (0.18–0.63), <0.01 |
| Non-smokers | 0.59 (0.41–0.86), <0.01 | 0.82 (0.54–1.16), 0.294 | 0.74 (0.50–1.12), 0.158 | 1.16 (0.65–1.77), 0.543 | 0.42 (0.25–0.71), <0.01 | 0.54 (0.23–0.88), 0.022 | 0.42 (0.19–0.94), 0.034 | 0.42 (0.07–0.80), 0.01 |
| Secondary definition PD | 0.73 (0.57–0.94), 0.02 | 0.87 (0.65–1.13), 0.333 | 0.86 (0.65–1.15), 0.309 | 1.14 (0.66–1.67), 0.578 | 0.59 (0.42–0.81), <0.01 | 0.69 (0.43–0.92), 0.06 | 0.37 (0.20–0.67), <0.01 | 0.28 (0.13–0.64), <0.01 |
| BMI > 30 kg/m ² | 0.61 (0.43–0.85), <0.01 | 0.70 (0.47–0.99), 0.072 | 0.82 (0.56–1.19), 0.293 | 0.93 (0.55–1.40), 0.759 | 0.40 (0.25–0.64), <0.01 | 0.41 (0.21–0.64), <0.01 | 0.47 (0.27–0.81), <0.01 | 0.65 (0.28–1.08), 0.13 |

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Lixisenatide



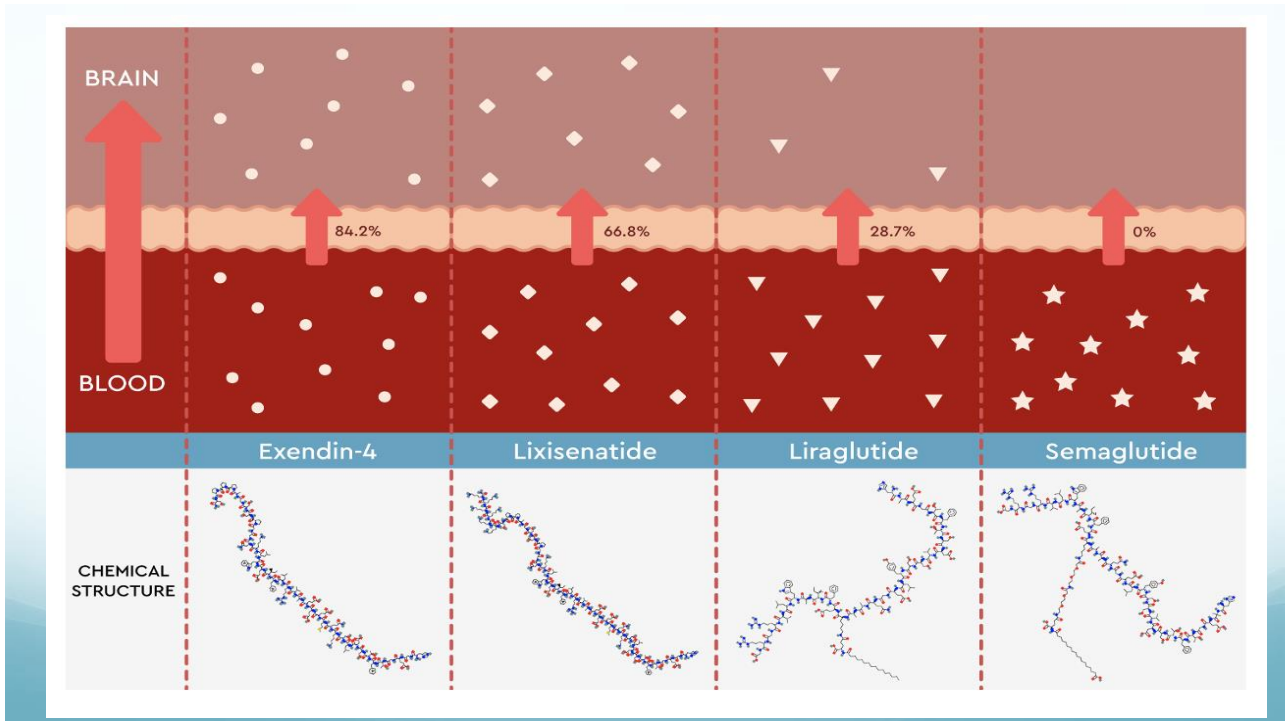
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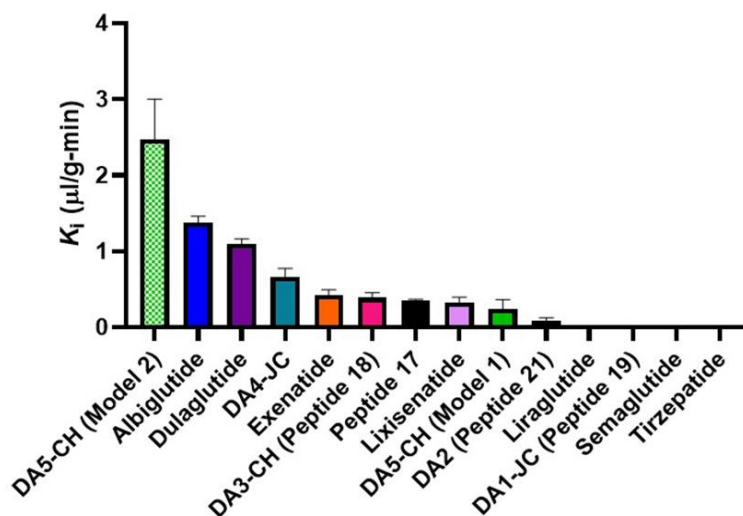


Figure 3. Rate constants (K_i) of $^{125}\text{I}/^{14}\text{C}$ -IRAs transport into whole brain within one hour. The unidirectional influx rates, K_i (slope) and V_r (y-intercept), are listed in Table 3 or in our previous report.⁵⁰ $n = 11-14$ per IRA. DA peptides are experimental dual IRA agonists created by Christian Hölscher.^{38,62} Peptides 18, 19, and 21 are dual IRAs created by Finan and Ma et al. (2013).⁷² numbered as in their Supplementary Fig. S1.

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CHARACTERISTICS OF APPROVED GLP-1 RECEPTOR AGONISTS

| DRUG | EXENATIDE IMMEDIATE RELEASE | EXENATIDE EXTENDED RELEASE | LIXISENATIDE | LIRAGLUTIDE | DULAGLUTIDE | SEMAGLUTIDE | ALBIGLUTIDE |
|------------------------------|-----------------------------|---|--|------------------------------------|----------------|-----------------------------------|-------------|
| STRUCTURAL HOMOLOGY | | | | | | | |
| STRUCTURAL HOMOLOGY | Exendin-4 (53%) | | Exendin-4 (50%) | GLP-1 (97%) | GLP-1 (90%) | GLP-1 (94%) | GLP-1 (97%) |
| DOSAGE (s.c. administration) | 2 mg qw | 5 μg \rightarrow 10 μg bd | 10 μg \rightarrow 20 μg qd | 0.6 mg \rightarrow 1.2-1.8 mg qd | 0.75-1.5 mg qw | 0.25 mg \rightarrow 0.5-1 mg qw | 30, 50mg qw |
| ELIMINATION HALF LIFE | Not determined | 2.4 hours | ~3 hours | ~13 hours | ~1 week | 4.5-4.7 days | 5 days |

s/c = subcutaneous
 qw = once weekly
 3D = twice daily

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J Clin Invest. doi:10.1172/JCI68295.

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Clinical Medicine

Exenatide and the treatment of patients with Parkinson's disease

Iciar Aviles-Olmos¹, John Dickson², Zinovia Kefalopoulou¹, Atbin Djamshidian³, Peter Ell², Therese Soderlund², Peter Whitton⁴, Richard Wyse⁵, Tom Isaacs⁵, Andrew Lees³, Patricia Limousin¹ and Thomas Foltynie¹

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DOI 10.3233/JPD-140364
IOS Press

1

Motor and Cognitive Advantages Persist 12 Months After Exenatide Exposure in Parkinson's Disease

Iciar Aviles-Olmos^a, John Dickson^b, Zinovia Kefalopoulou^a, Atbin Djamshidian^c, Joshua Kahan^a, Peter Ell FmedSci^b, Peter Whitton^d, Richard Wyse^c, Tom Isaacs^c, Andrew Lees^c, Patricia Limousin^a and Thomas Foltynie^{a,*}

^aSobell Department of Motor Neuroscience, UCL Institute of Neurology, London, UK

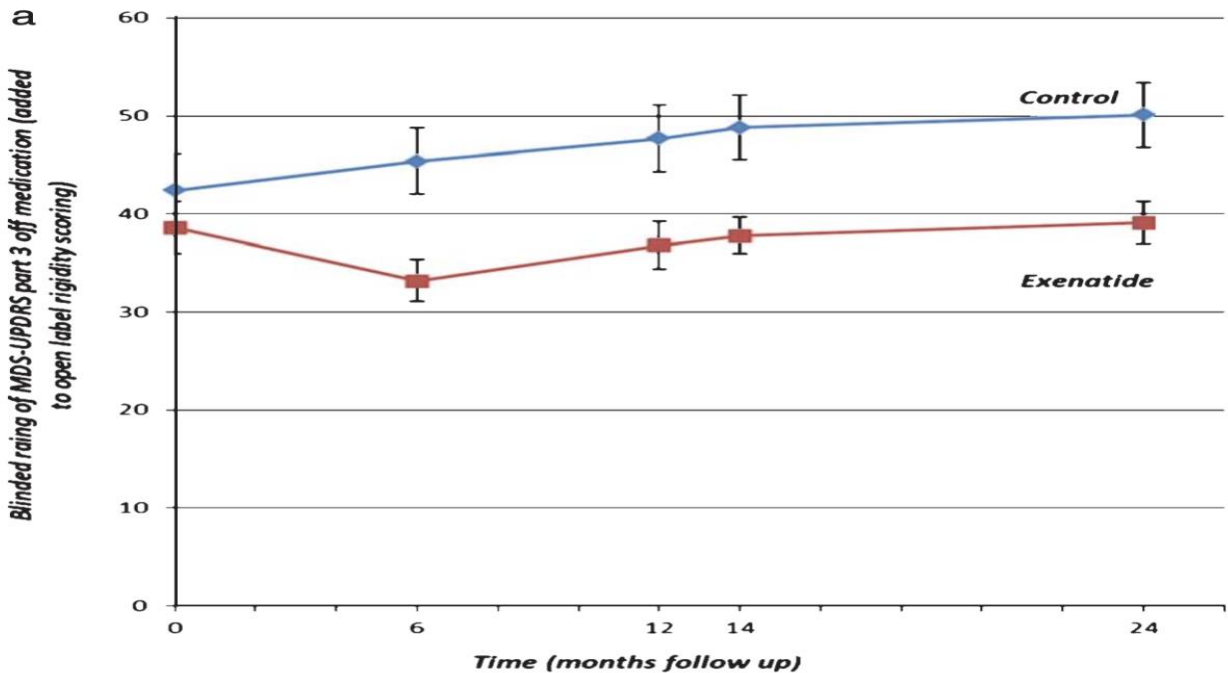
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^e5 The Cure Parkinson's Trust, St. Botolph's, London, UK

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FOUR PHASE II TRIALS IN PD PATIENTS (LONDON, SWEDEN, SOUTH KOREA & FLORIDA), AND ONE PHASE III TRIAL (200 PD patients, 2 years on medication)

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 DOI 10.3233/JPD-171192
 IOS Press

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Is Exenatide a Treatment for Parkinson's Disease?

Dilan Athauda^a, Richard Wyse^b, Patrik Brundin^c and Thomas Foltynie^{a,*}

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^c*Van Andel Research Institute, Grand Rapids, Michigan, USA*

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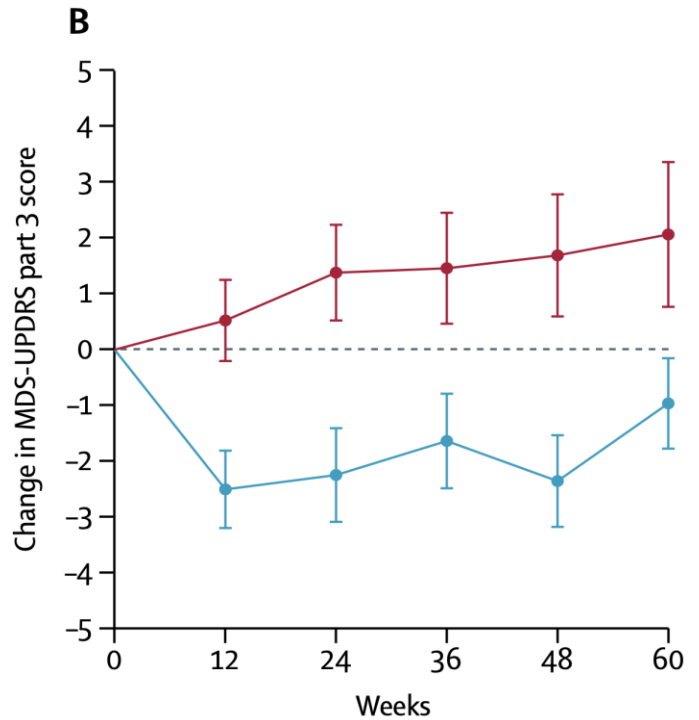
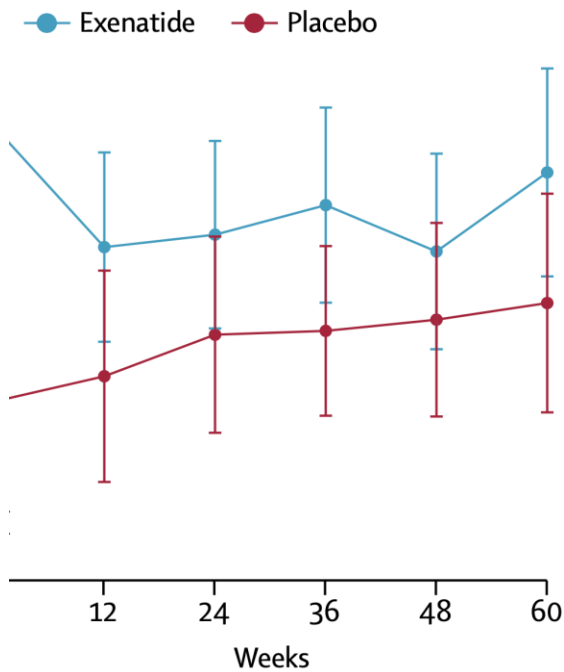
Exenatide once weekly versus placebo in Parkinson's disease: a randomised, double-blind, placebo-controlled trial

Dilan Athauda, Kate Maclagan, Simon S Skene, Martha Bajwa-Joseph, Dawn Letchford, Kashfia Chowdhury, Steve Hibbert, Natalia Budnik, Luca Zampedri, John Dickson, Yazhou Li, Iciar Aviles-Olmos, Thomas T Warner, Patricia Limousin, Andrew J Lees, Nigel H Greig, Susan Tebbs, Thomas Foltynie

Summary

Background Exenatide, a glucagon-like peptide-1 (GLP-1) receptor agonist, has neuroprotective effects in preclinical models of Parkinson's disease. We investigated whether these effects would be apparent in a clinical trial.

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EXOSOME ANALYSES

JAMA Neurology | **Original Investigation**

Utility of Neuronal-Derived Exosomes to Examine Molecular Mechanisms That Affect Motor Function in Patients With Parkinson Disease

A Secondary Analysis of the Exenatide-PD Trial

Dilan Athauda, MRCP, PhD; Seema Gulyani, PhD; Hanuma Karnati, PhD; Yazhou Li, PhD; David Tweedie, PhD; Maja Mustapic, PhD; Sahil Chawla, BSc; Kashfia Chowdhury, MSc; Simon S. Skene, PhD; Nigel H. Greig, PhD; Dimitrios Kapogiannis, MD; Thomas Foltynie, MRCP, PhD

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Presenting a brighter future, both in conventional and regenerative approaches

EXOSOME ANALYSES

CONCLUSIONS AND RELEVANCE The results of this study are consistent with target engagement of brain insulin, Akt, and mTOR signaling pathways by exenatide and provide a mechanistic context for the clinical findings of the Exenatide-PD trial. This study suggests the potential of using exosome-based biomarkers as objective measures of target engagement in clinical trials using drugs that target neuronal pathways.

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Cedar's Sinai Hospital, Los Angeles

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Lixisenatide



21 FRENCH NEUROLOGY CENTERS, 156 Parkinson's patients

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AUSTRALIAN PARKINSON'S MISSION

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The GLP-1 Revolution

From Diabetes and Obesity to Alzheimer's and PCOS

Thu, Feb 22nd, 2024

Dr Richard Wyse
Director of Clinical Development
Cure Parkinson's

richard@cureparkinsons.org.uk

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Glucagon Like Peptide 1 (GLP1)-Receptor Agonists and Alzheimer's Disease

By Leila Parand, MD
Assistant Professor of Neurology at UCLA
David Geffen School of Medicine

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Outline

- Description of Alzheimer's Disease
- Description of Type 2 Diabetes Mellitus
- Link between Alzheimer's and Type 2 Diabetes Mellitus
- GLP-1 Receptor Agonists
- Clinical Trials including GLP1 Receptor Agonists in relationship to Alzheimer's Disease
- Summary

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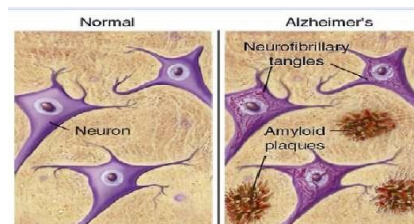
Disclosures

- Primary Investigator for Evoke and Evoke Plus; site is not currently active

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Alzheimer's Disease

- Alzheimer's Dementia is the most common form of dementia affects ~57 million people worldwide
- Clinical features of Alzheimer's Disease: memory loss, visuospatial difficulties, trouble with orientation
- Pathological markers of Alzheimer's disease include amyloid beta plaques and neurofibrillary tangles
- Other features of Alzheimer's include neuronal loss, neuroinflammation, reduced cerebral glucose metabolism



<https://www.who.int/news-room/fact-sheets/detail/dementia>

Nichols E, Vos T. The estimation of the global prevalence of dementia from 1990–2019 and forecasted prevalence through 2050: An analysis for the Global Burden of Disease (GBD) study 2019. *Alzheimers Dement*. 2021;17(Suppl 10):e051496.

World Alzheimer's Report 2018

Masters CL, et. al. Alzheimer's disease. *Nat Rev Dis Prim*. 2015;1:15056.

Google Image Bright Focus Foundation

73

Diabetes Mellitus

- 537 million adults have diabetes mellitus world-wide (age 20-79)
- 96% are Type 2 Diabetes Mellitus
- Characterized by hyperglycemia and insulin resistance
- Complications include cardiovascular disease, chronic kidney disease, stroke, vision loss
- Associated with cognitive impairment, dementia, and particularly Alzheimer's Disease



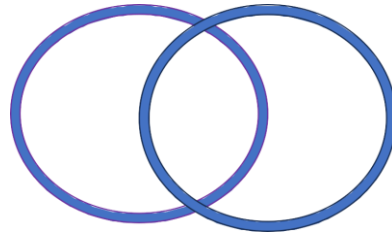
<https://diabetesatlas.org/#:~:text=Diabetes%20around%20the%20world%20in%202021%3A,%2D%20and%20middle%20income%20countries.>

<https://collegedunia.com/exams/diabetes-mellitus-types-symptoms-preventions-biology-articleid-6407>

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Relationship between Diabetes Mellitus and Alzheimer's Disease

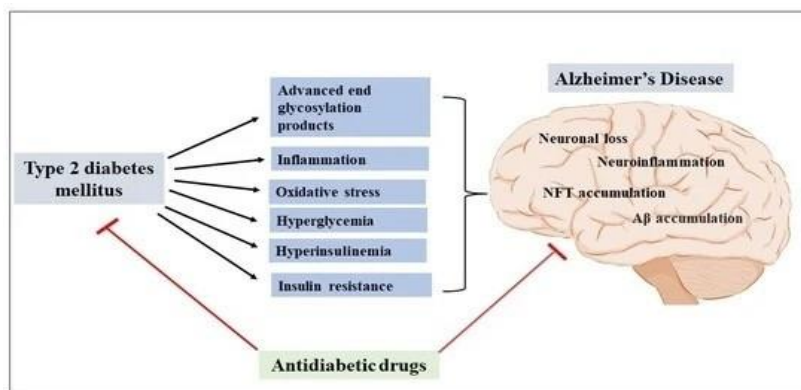
- Epidemiological and biological studies support the association between Alzheimer's and Type 2 Diabetes
- Diabetes increases the risk of Alzheimer's
- Longer duration of having diabetes has been associated with a higher risk of developing dementia



Amidei, Claudio, et al. "Association Between Age at Diabetes Onset and Subsequent Risk of Dementia. *JAMA*. 2021;325(16):1640-1649
 Ott A, et. Al. Diabetes mellitus and the risk of dementia: The Rotterdam Study. *Neurology*. 1999;53:1937-1942.
 Akomolafe A, Diabetes mellitus and risk of developing Alzheimer disease: results from the Framingham Study. *Arch Neurol*. 2006;63:1551-1555.
 Bruce DG, Davis WA, Casey GP, Starkstein SE, Clarnette RM, Almeida OP, Davis TM. Predictors of cognitive decline in older individuals with diabetes. *Diabetes Care*. 2008;31:2103-2107.

75

Type 2 Diabetes Mellitus Associated with Alzheimer's Dementia



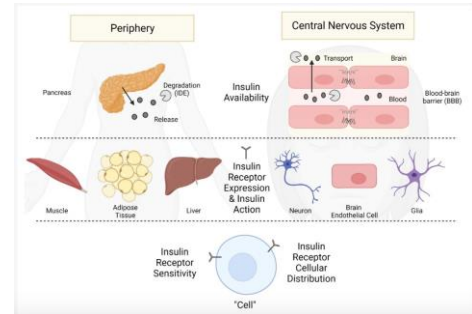
Links between T2DM and AD resulting in repurposing of antidiabetic drugs for AD

Adem, MA, et. Al (2024). "Pharmacological approaches Using Diabetic Drugs Repurposed for Alzheimer's Disease, "Biomedicines, 12(1), 99.

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Insulin

- Insulin crosses the blood–brain barrier to regulate functioning
- Has a neuroprotective role, plays an important role in the organization and function of the brain
- insulin resistance or deficiency in the brain is a pathological feature in Type II Diabetes and Alzheimer’s Disease

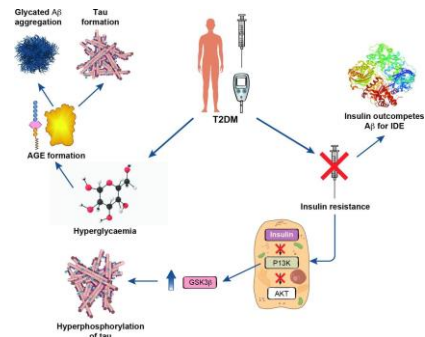


Kern W, Born J, Schreiber H, Fehm HL. Central nervous system effects of intranasally administered insulin during euglycemia in men. *Diabetes* 48: 557–563, 1999.
 Kullmann S, Heni M, Hallschmid M, Fritsche A, Preissl H, Haring HU. Brain insulin resistance at the crossroads of metabolic and cognitive disorders in humans. *Physiol Rev* 96: 1169–1209, 2016.
 Agrawal, R, et al. Insulin Action in the Brain Regulates Central and Peripheral Functions. *Am J Physiol Endocrinol Metabolism*. 2021 Jul 1;321(1):E156-E163.
 Rhea, EM, et al. Insulin Resistance in Peripheral Tissues and the Brain: A Tale of Two Sites. *Biomedicines* 2022, 10(7), 1582

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Insulin dysfunction in the brain increase pathological markers of Alzheimer’s Disease

- Insulin deficient states lead to AD pathogenesis
- Increased Amyloid beta and hyperphosphorylated Tau
- Impaired enzyme system in these models, affecting Amyloid beta and insulin

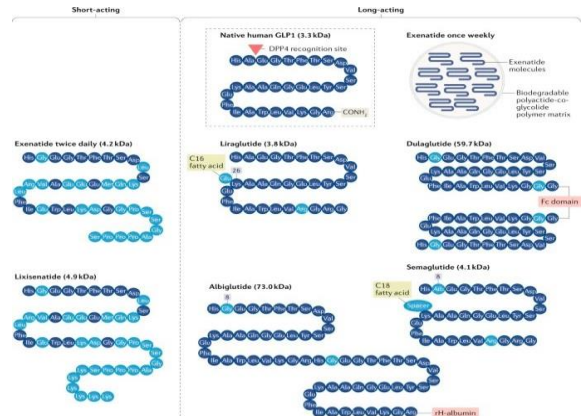


Patel V, Edison P. Cardiometabolic risk factors and neurodegeneration: a review of the mechanisms underlying diabetes, obesity and hypertension in Alzheimer's disease *Journal of Neurology, Neurosurgery & Psychiatry* Published Online First: 30 January 2024.
 Hobday AL, Paimai MS. The Link Between Diabetes Mellitus and Tau Hyperphosphorylation: Implications for Risk of Alzheimer's Disease. *Cuieus*. 2021 Sep 28;13(9):e18362.
 Farris W, Mansourian S, Chang Y, Lindsley L, Eckman E.A., Froesch M.P., Eckman C.B., Tanzi R.E., Selkoe D.J., Guénette S. Insulin-degrading enzyme regulates the levels of insulin, amyloid β-protein, and the β-amyloid precursor protein intracellular domain in vivo. *Proc. Natl. Acad. Sci. USA*. 2003;100:4162–4167. doi: 10.1073/pnas.0230450100.

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Glucagon-like peptide-1 (GLP1) and GLP1-Receptor Agonists

- Incretin hormone
- induces glucose –dependent insulin secretion to lower blood glucose
- GLP-1 and receptors have been found in the brain and has a benefit in brain functioning



Andersen, A., Lund, A., Knop, F.K. *et al.* Glucagon-like peptide 1 in health and disease. *Nat Rev Endocrinol* 14, 390–403 (2018).

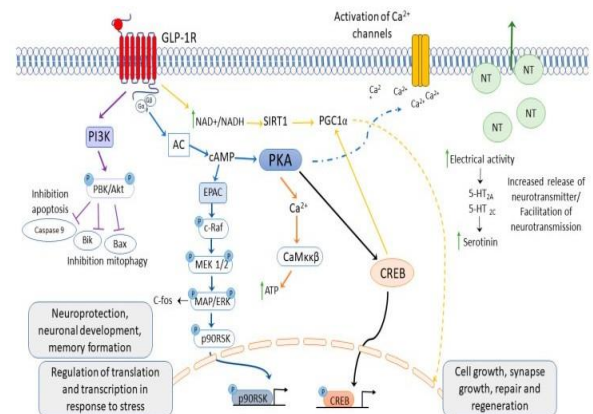
Norgaard CH, Friedrich S, Hansen CT, *et al.* Treatment with glucagon-like peptide-1 receptor agonists and incidence of dementia: data from pooled double-blind randomized controlled trials and nationwide disease and prescription registers. *Alzheimers Dement.* 2022;8(1):e12268

Diz-Chaves Y, Mastooi Z, Spuch C, González-Matías LC, Mallo F. Anti-inflammatory Effects of GLP-1 Receptor Activation in the Brain in Neurodegenerative Diseases. *Int J Mol Sci.* 2022 Aug 24;23(17):9583.

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Beneficial effects of GLP-1 on the brain

- Neuroprotection
- Memory formation
- Neuronal development



Diz-Chaves Y, Mastooi Z, Spuch C, González-Matías LC, Mallo F. Anti-inflammatory Effects of GLP-1 Receptor Activation in the Brain in Neurodegenerative Diseases. *Int J Mol Sci.* 2022 Aug 24;23(17):9583.

80

Clinical Trials: Evaluation of Liraglutide in the treatment of Alzheimer's Disease (ELAD)

- 204 adults with mild to moderate AD received subcutaneous injections of either Liraglutide or placebo once daily for 12 months
- Results showed no difference between the treatment and control in terms of the primary endpoint cerebral glucose metabolic rate
- Improved cognitive function in the treated group, measured by ADAS-EXEC (ADAS-Cog with Executive domains of the Neuropsychological Test Battery) as well as MRI volume (temporal lobe and whole MRI volume)

Edison P, Femminella G.D., Ritchie C.W., Holmes C., Walker Z., Ridha B.H., Raza S., Livingston N.R., Nowell J., Busza G. Evaluation of liraglutide in the treatment of Alzheimer's disease. *Alzheimer's Dement.* 2021
 Adem MA, Decouit B, Sabbagh MN. Pharmacological Approaches Using Diabetic Drugs Repurposed for Alzheimer's Disease. *Biomedicines.* 2024 Jan 3;12(1):99
 McClean P.L., Parthasarathy V, Faivre E., Holscher C. The diabetes drug liraglutide prevents degenerative processes in a mouse model of Alzheimer's disease. *J. Neurosci.* 2011;31:6587-6594.

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Clinical Trials: Pilot Study of Exenatide Actions on Alzheimer's Disease

- Eighteen participants with high probability of Alzheimer's disease on cerebrospinal fluid (CSF) biomarkers completed the entire study prior to its early termination by the sponsor
- no benefit of exenatide; however, no firm conclusions can be drawn from this study due to its early termination except for a reduction of $A\beta_{42}$ in extracellular vesicles.

Mullins RJ, et al.. A Pilot Study of Exenatide Actions in Alzheimer's Disease. *Curr Alzheimer Res.* 2019;16(8):741-752.
 Adem MA, Decouit B, Sabbagh MN. Pharmacological Approaches Using Diabetic Drugs Repurposed for Alzheimer's Disease. *Biomedicines.* 2024 Jan 3;12(1):99

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Clinical Trials: Dulaglutide and cardiovascular outcomes in Type II Diabetes (REWIND)

- examined the effect of once weekly subcutaneous injection of either Dulaglutide or placebo in participants aged 50 or more and diagnosed with T2DM on the cardiovascular risks of T2DM, such as non-fatal MI, non-fatal stroke, or death from cardiovascular causes
- Montreal Cognitive Assessment (MoCA) and Digital Symbol Substitution Test (DSST) were done at baseline and follow up to assess cognitive impairment.
- Cognitive impairment was reduced by 14% in the dulaglutide treated arm in comparison to the placebo

Gerstein HC, et. al.; REWIND Investigators. Dulaglutide and cardiovascular outcomes in type 2 diabetes (REWIND): a double-blind, randomised placebo-controlled trial. *Lancet*. 2019 Jul 13;394(10193):121-130
Adem MA, Decourt B, Sabbagh MN. Pharmacological Approaches Using Diabetic Drugs Repurposed for Alzheimer's Disease. *Biomedicines*. 2024 Jan 3;12(1):99

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Ongoing Clinical Trials: Evoke and Evoke plus

- Evoke and Evoke + each have ~1840 amyloid-positive participants with MCI or mild AD dementia who have been randomized to receive either daily oral semaglutide (14 mg, escalated via 3 and 7 mg over 8 weeks) or daily oral placebo over a period of 156 weeks
- The difference between the studies is the inclusion of participants with vascular co-pathologies in evoke plus
- Both trials set to be completed in September 2025.

<https://classic.clinicaltrials.gov/ct2/show/NCT04777409>


Ballard, C., et al. (2020). Liraglutide and semaglutide: Pooled post hoc analysis to evaluate risk of dementia in patients with type 2 diabetes. *Alzheimer's & Dementia*, 16(S8).

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Summary

- Type 2 Diabetes and Alzheimer's Disease are associated by clinical and biological changes
- GLP1 Receptor Agonists have been shown in research studies to have a benefit on biological changes associated with Alzheimer's Disease
- GLP1 Receptor Agonists may have a central role in management of Alzheimer's disease in the near future


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University of Colorado Anschutz Medical Campus

GLP-1 Receptor Agonists for Polycystic Ovary Syndrome

Melanie G Cree, MD, PhD
Associate Professor
Pediatric Endocrinology
Integrated Physiology



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No Conflicts

Consultant: Pollicie, Inc

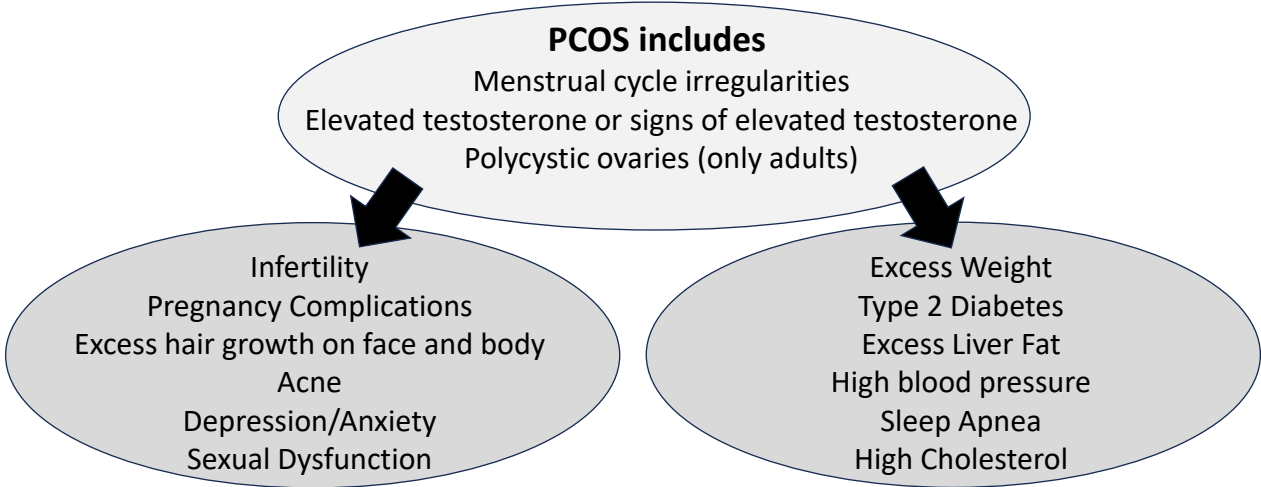
Research Scientist: Amino Corp

Will discuss off-label medications



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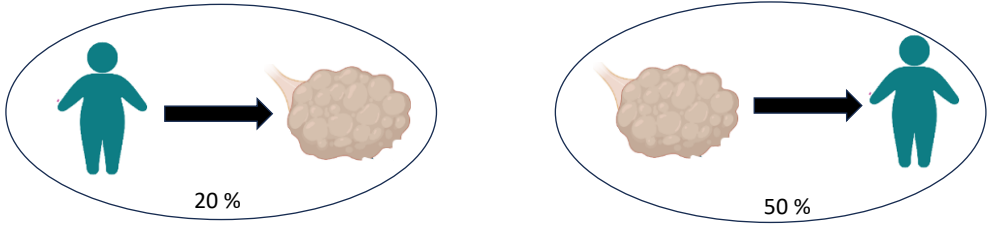
Polycystic Ovary Syndrome



PCOS affects 6-15% of women in the United States

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PCOS and Weight



Loosing 5 kg of body weight

Testosterone
Insulin

- Infertility
- Pregnancy Complications
- Excess hair growth on face and body
- Acne
- Depression/Anxiety
- Sexual Dysfunction

- Excess Weight
- Type 2 Diabetes
- Excess Liver Fat
- High blood pressure
- Sleep Apnea
- High Cholesterol

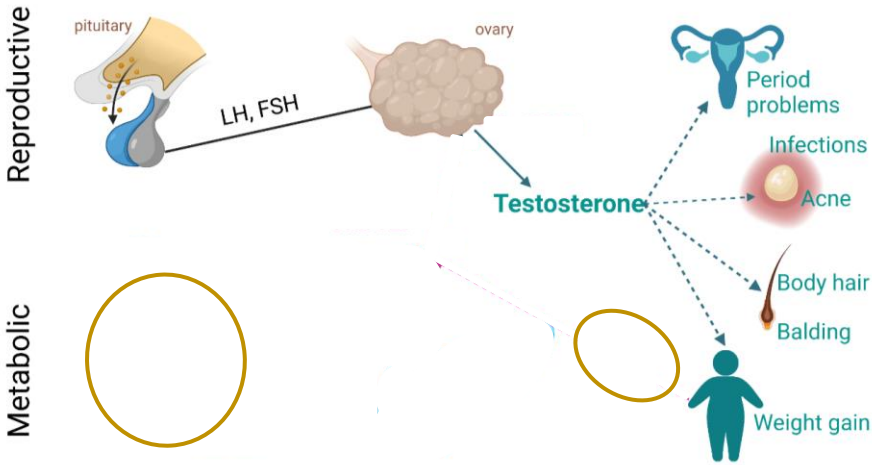


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Why does lifestyle matter so much in PCOS?

+

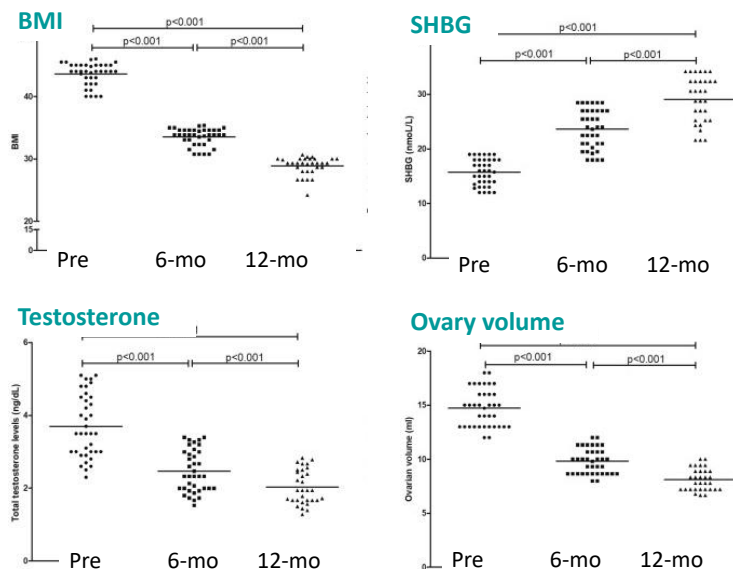


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Hormonal Effect of Bariatric Surgery

- 36 women all PCOS
- Age was 27.2 ± 4.2 years
- BMI was 43.6 ± 1.76 kg/m²
- 61% sleeve gastrectomy, 39% gastric bypass



Saudi Journal of Biological Sciences Vol 28, Issue 9, September 2021, 5048-5052

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GLP-1RA Treatment in PCOS

- Randomized trial of Exenatide, Exenatid e+ Metformin or Metformin, 24 weeks, 60 women
 - Reproductive:
 - ↓ free androgen index
 - ↑ menses
 - Metabolic:
 - ↓ 2 hour glucose on oral glucose tolerance test
 - ↑ Insulin Sensitivity

TABLE 2. Baseline and 24-wk posttreatment clinical, anthropometric, and endocrine parameters and indices of body fat distribution (evaluable patients)

| Variable | EX (n = 14) | | MET (n = 14) | | COM (n = 14) | | P values |
|--------------------------|--------------|-----------------------|--------------|-----------------------|---------------|----------------------|---|
| | Baseline | After therapy | Baseline | After therapy | Baseline | After therapy | |
| Menstrual frequency* | 0.22 ± 0.04 | 0.57 ± 0.08 | 0.21 ± 0.04 | 0.49 ± 0.08 | 0.29 ± 0.037 | 0.83 ± 0.082 | T = 0.0001; I = 0.047; C vs. M = 0.018, vs. E = 0.091 |
| AG (cm) | 120.4 ± 4.5 | 119.6 ± 4.3 | 123.4 ± 4.3 | 123.9 ± 4.4 | 122 ± 4.4 | 116 ± 4.3 | T = 0.047; I = 0.017; C vs. M = 0.04 |
| Absolute weight (kg) | 110.5 ± 6 | 3.2 107.3 ± 6 | 113.4 ± 7 | 1.6 111.8 ± 6 | 112 ± 8 | 5.6 106.4 ± 6 | T = 0.001; I = 0.003; C, E vs. M = 0.019 |
| BMI (kg/m ²) | 40.3 ± 2 | 39.3 ± 2 | 43.3 ± 2 | 42.3 ± 2 | 40.9 ± 2 | 39.2 ± 2 | T < 0.0001 |
| T (ng/dl) | 75.4 ± 8 | 65.2 ± 7.4 | 56.8 ± 8.1 | 53.2 ± 7.1 | 59.8 ± 8.1 | 41.4 ± 7.1 | T = 0.02 |
| SHBG (nmol/liter) | 17.4 ± 2.4 | 19.7 ± 6.2 | 18.5 ± 2.3 | 18.7 ± 6 | 22.5 ± 2.3 | 33.6 ± 6 | NS |
| FAI (U) | 16.3 ± 3.5 | 4.4 11.9 ± 1.4 | 12.6 ± 2.4 | 1.2 11.4 ± 1.3 | 10.4 ± 2.4 | 4.8 5.7 ± 1.3 | T = 0.001; I = 0.016; C vs. M = 0.035 |
| DHEAS (μg/dl) | 183.4 ± 20.5 | 190.7 ± 21.51 | 142.6 ± 19.6 | 161.7 ± 20.44 | 123.9 ± 20.33 | 121.3 ± 20.32 | NS |

For P values, T = overall effect after all treatments, and I = interaction differences between treatment over trials. C, COM; E, EX; M, MET; NS, not significant.



Elkind-Hirsch K, JCEM 2008

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GLP-1RA Treatment in PCOS

- Randomized trial of liraglutide, liraglutide + Metformin or Metformin, 12 weeks, 40 women
 - Lira+Met 6.5±2.8 kg loss; Lira 3.8±3.7 kg loss; Met 1.2±1.4 kg loss
 - Reproductive:
 - No change in androgens
 - No change in menstrual frequency
 - Metabolic:
 - ↓ 2 hour glucose on oral glucose tolerance test
 - no change in Insulin sensitivity

Jensterle Sever M, Eur J Endocrinol. 2014

- Randomized trial of liraglutide compared to placebo, 26 weeks, 65 women
 - Lira 5.2 kg loss > placebo
 - ↓ Free testosterone, ovary size
 - ↑ SHBG, ↓ liver fat
 - Reproductive:
 - ↓ Free testosterone
 - ↓ ovary size
 - Metabolic:
 - ↓ liver fat

Frossing S, Diabetes Obes Metab. 2018



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Semaglutide Treatment of Excessive Body Weight in Obese PCOS Patients Unresponsive to Lifestyle Programs

by Enrico Carmina * and Rosa Alba Longo

Medication: 0.5 mg SQ semaglutide

Table 3. Changes in BMI, body weight, fasting glucose, insulin, and insulin resistance (HOMA-IR) (mean ± SD) in 21 obese PCOS women responsive (weight loss > 5%) to semaglutide treatment (0.5 mg subcutaneously once a week).

| | Basal | N=27 | | N=21 | |
|--------------------------|------------|--|-------------|--|--------------|
| | | After 3 Months of Treatment with Semaglutide | | After 6 Months of Treatment with Semaglutide | |
| BMI (kg/m ²) | 34.4 ± 5.9 | 30.8 ± 5 ** | | 29.4 ± 5 ** | |
| Body weight (kg) | 85 ± 15 | 76 ± 16 ** | 7 kg change | 73.5 ± 15 ** | 14 kg change |
| Fasting glucose (mg/dL) | 97 ± 12 | 90 ± 8 ** | | 90 ± 6 ** | |
| Insulin (mU/mL) | 17 ± 7 | 11 ± 5 ** | | 11 ± 5 ** | |
| HOMA-IR | 3.5 ± 2 | 2.5 ± 1 ** | | 2.4 ± 0.8 ** | |

** $p < 0.01$ versus basal values.

78% Normal Menses

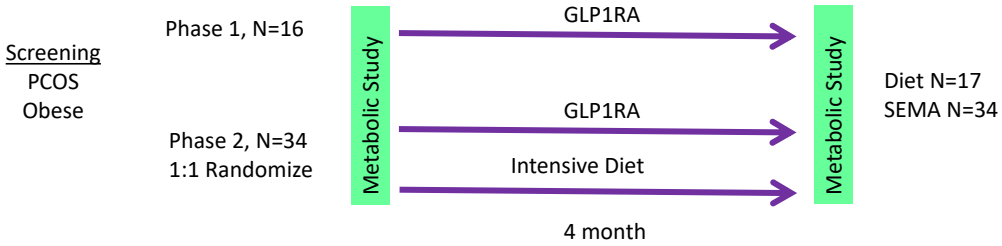


J. Clin. Med. 2023, 12(18), 5921; <https://doi.org/10.3390/jcm12185921>

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Treating PCOS With Semaglutide vs Active Lifestyle Intervention (TEAL)

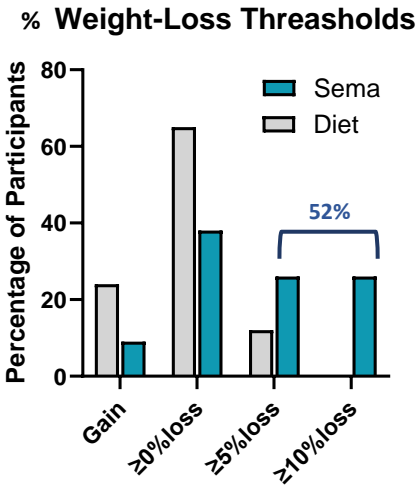
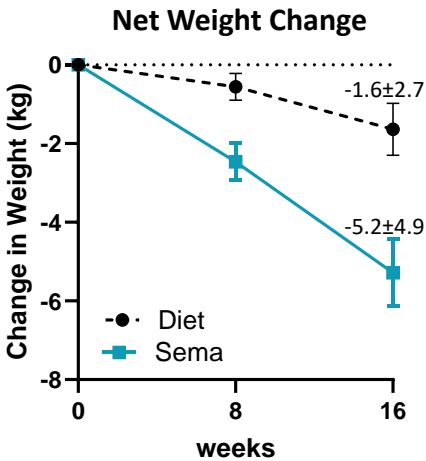
- Effect of oral semaglutide on weight, reproductive and metabolic outcomes in adolescents with PCOS + obesity
- 3 mg x 1 month, 7 mg x 3 months



NCT03919929

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Amount of Weight Loss



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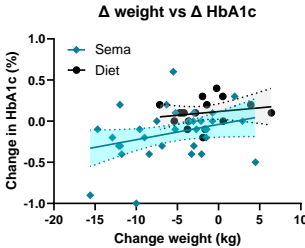
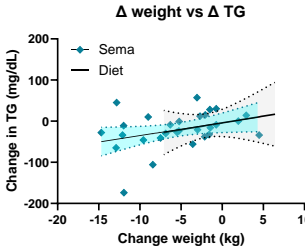
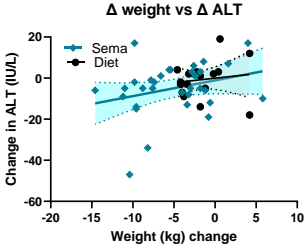
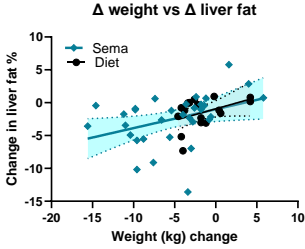
Weight Related Changes

Increase in Menses Frequency

| | Sema | Diet |
|------|------|------|
| ≥10% | 78% | |
| ≥5% | 56% | 100% |
| ≤5% | 38% | 45% |
| Gain | 33% | 25% |



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Reported Side Effects

| Symptoms | Nausea | GERD | Abdominal pain | Diarrhea | Constipation | Emesis |
|-----------|--------|------|----------------|----------|--------------|--------|
| Sema pre | 16% | 18% | 13% | 8% | 3% | 5% |
| Sema post | 66% | 10% | 7% | 0% | 0% | 17% |
| Diet pre | 24% | 24% | 0% | 0% | 0% | 0% |
| Diet post | 21% | 14% | 0% | 0% | 0% | 0% |

Safety

No elevations in ALT or AST
 Bun or Cr
 1 SI in Sema

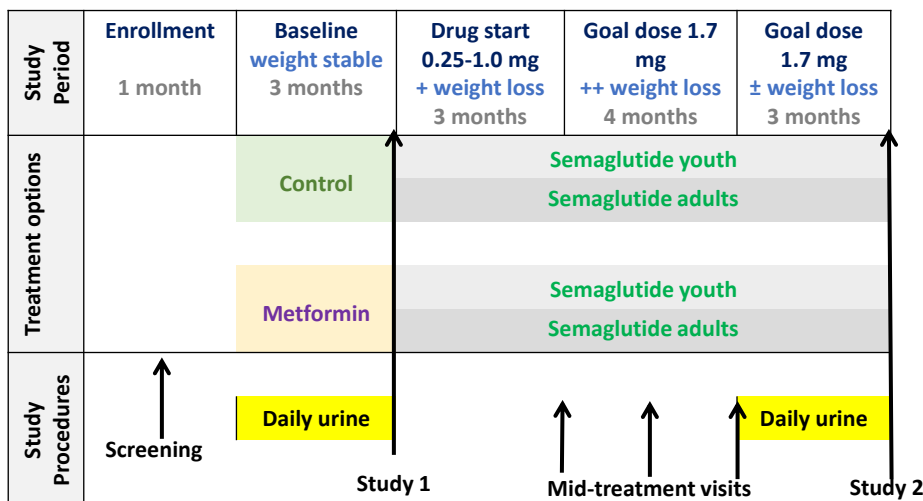
Appetite/Mood

| Symptoms | RED Appetite Score | CESD-20 Depressive Symptoms |
|-----------|--------------------|-----------------------------|
| Sema pre | 18.0 | 20.3 |
| Sema post | 11.6 | 18.1 |
| Diet pre | 18.8 | 19.2 |
| Diet post | 13.4 | 18.9 |



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Next Steps – GLP1RA for Fertility in PCOS



NCT05819853
NIH NICHD R01

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Summary

- **Overall**
 - Seven mg of oral Semaglutide induces more weight loss than intensive dietary counseling in adolescents
 - GI side-effects are very common, and lead to discontinuation (5%)
- **Safety**
 - No serious events
- **Reproductive**
 - Increased frequency of menses in both groups
 - Similar decreases in testosterone
- **Metabolic**
 - Similar decreases in fasting glucose and HbA1c



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Next steps to increase access for weight loss therapies for women with PCOS

- Increased National Institutes of Health funding for PCOS
- Increased Foundation funding for PCOS
- Pharmaceutical Industry Interest in GLP1-RA indication for PCOS
 - Concerns for potential birth defects if used in pregnancy
- Classification of PCOS as a complication of obesity, in terms of qualifying for Bariatric Surgery
 - Currently criteria are a BMI of $>35 \text{ kg/m}^2$ with type 2 diabetes, excess liver fat and obstructive sleep apnea
 - Otherwise need a BMI of $>40 \text{ kg/m}^2$



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Wyatt, Age 13



Hailey Age 17

Thank you My Family

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