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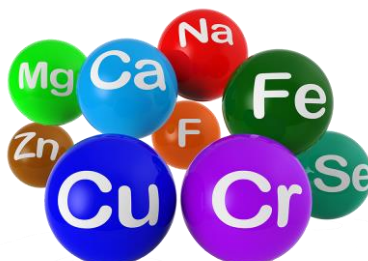
Type them into questions box!

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Quote in reference to: <http://bit.ly/SweetChem>

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Todd Smeltz,
High School Math & Chemistry Teacher,
Upper Dauphin Area School District



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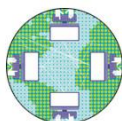
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Kazim Agha, Partner, Ridout & Maybee LLP

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L. Nathan Tumey, Associate Research Fellow, Pfizer, Inc.

Peter Senter, Vice President of Chemistry, Seattle Genetics

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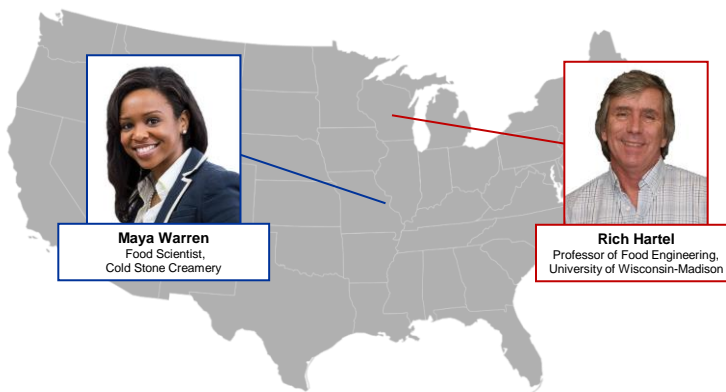
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Ice Cream Chemistry



Maya Warren
Food Scientist,
Cold Stone Creamery



Rich Hartel
Professor of Food Engineering,
University of Wisconsin-Madison

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ICE CREAM CHEMISTRY



Dr. Rich Hartel

University of Wisconsin-Madison



13

Outline

- **What is ice cream and how is it made?**
 - Even though there is a Standard of Identity, there is plenty of variation in commercial brands
- **Ice cream structure**
 - A complex multi-phase system
- **Ice cream melting**
 - What factors affect melt-down rates?

If you're following along by eating ice cream, put a scoop of each product on a plate and watch what happens when it melts.



14

Ice Cream - Defined

- **Product that meets the Standard of Identity according to the Code of Federal Regulations**
 - Minimum of 10% fat
 - Maximum of 100% overrun

$$\text{Overrun}(\%) = \text{Volume ice cream} / \text{Volume mix}$$

- So 100% overrun means the volume of mix is doubled by addition of air
 - Cheaper ice creams tend to have close to 100% while super-premium brands are closer to 40%



15

Ice Cream Sandwiches That Don't Melt?

- You've all heard that certain brands of ice cream sandwiches don't melt?
- Walmart ice cream under scrutiny when Cincinnati mom says it doesn't melt.

What causes that?

Walmart says:

"Ice cream melts based on the ingredients including cream. Ice cream with more cream will generally melt at a slower rate, which is the case with our Great Value ice cream sandwiches."



16

Ice Cream & the OJ Trial

- Prosecutors say the murders happened about 10:15 p.m. But police found a container of melting Ben & Jerry ice cream at the crime scene about 12:15 a.m. Defense attorneys are suggesting that, because the ice cream wasn't totally melted by 12:15, the murders had to have happened after 11 p.m. - when O.J. was already on his way to the airport.



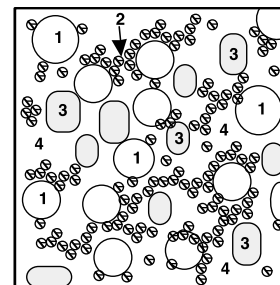
Is it possible to tell time by ice cream “melting”?



17

Ice Cream at a Structural Level - A Multi-Phase Product

- Ice crystals**
 - Provide cooling effect and hardness
- Air cells**
 - Reduce density
- Partially-coalesced fat globule network**
 - Affects melt-down rate and hardness of ice cream
- Proteins and hydrocolloids**
 - Network in serum phase
- Serum phase**
 - Dissolved sugars, minerals, proteins, etc.
 - Some liquid even at very low temperature



- 1 Air cells
- 2 Fat globules
- 3 Ice crystals
- 4 Continuous phase

Goff & Hartel, 2013

18



Audience Survey Question

ANSWER THE QUESTION ON BLUE SCREEN IN ONE MOMENT



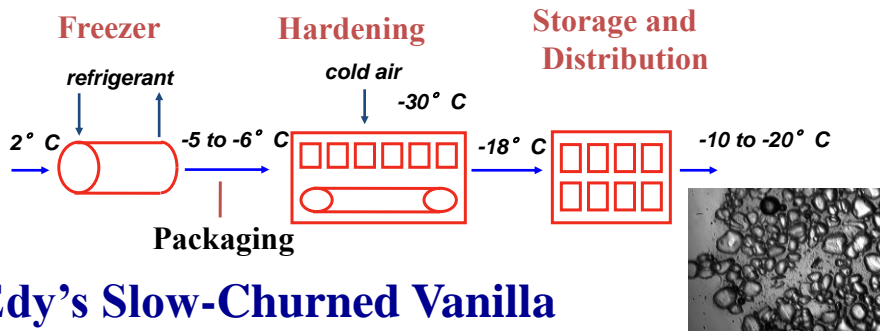
What's the difference between Edy's/Dreyer's regular and Slow-Churned?



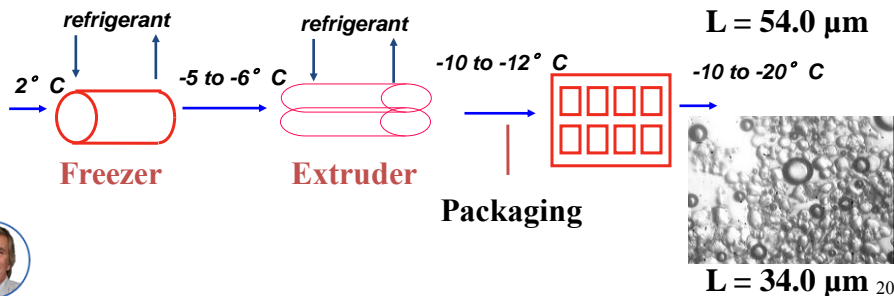
- Slow-churned has half the fat but tastes just as creamy
- Slow-churned costs more
- They have different formulations and different manufacturing processes
- All of the above

| 19

Edy's Full Fat Vanilla

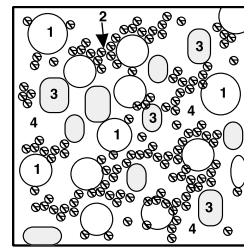


Edy's Slow-Churned Vanilla



Factors that Influence Meltdown

- **Heat transfer**
 - Overrun, number and size of air bubbles
 - Outside temperature, convective factors
- **Ice content**
 - Thermal diffusivity – insulation effect
- **Viscosity of serum phase**
 - Diluted by melted ice
- **Gravity**
 - Ability of serum phase to flow
- **Fat globule clusters**
 - Number and size



21



Ice Cream Melting

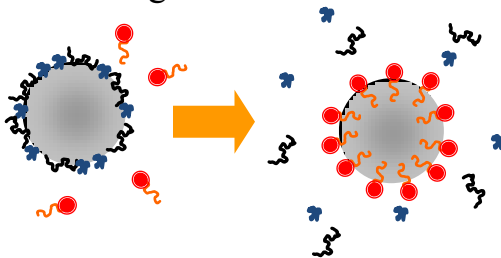
Not all ice creams are created equal – or melt in the same way



22

Fat Globules in Ice Cream Mix

- **Emulsion droplets in mix**
 - Coated with protein/emulsifier surface after homogenization
 - Emulsifier replaces protein during ageing
 - Partially crystalline milk fat network within globules



Courtesy: J McClements

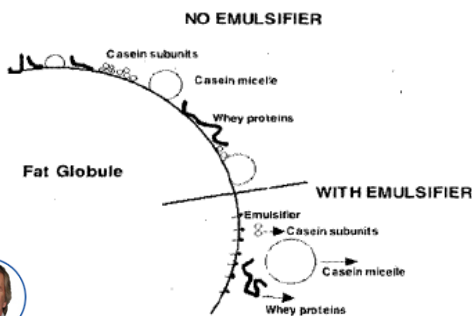


Ice cream mix fat globules
(Doug Goff, University of Guelph)

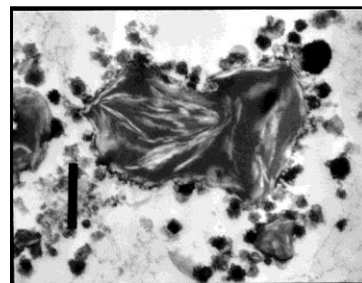
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Emulsifier Addition

- Destabilizes the emulsion
 - Reduces interfacial tension, and reduces the interfacial viscosity
 - During freezing, emulsion droplets are forced together under shear and coalescence is initiated



Courtesy: D. Goff

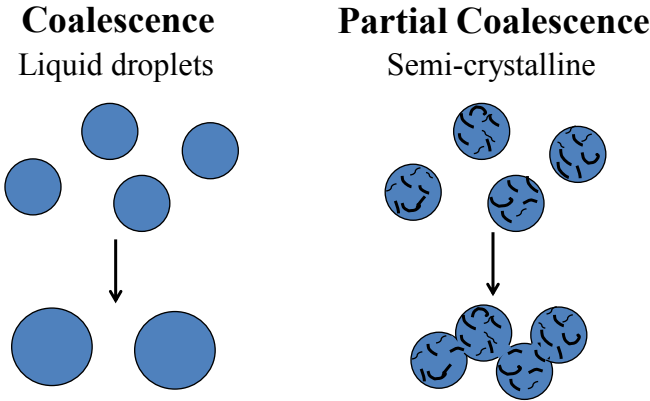


Cryo-TEM from D. Goff

24

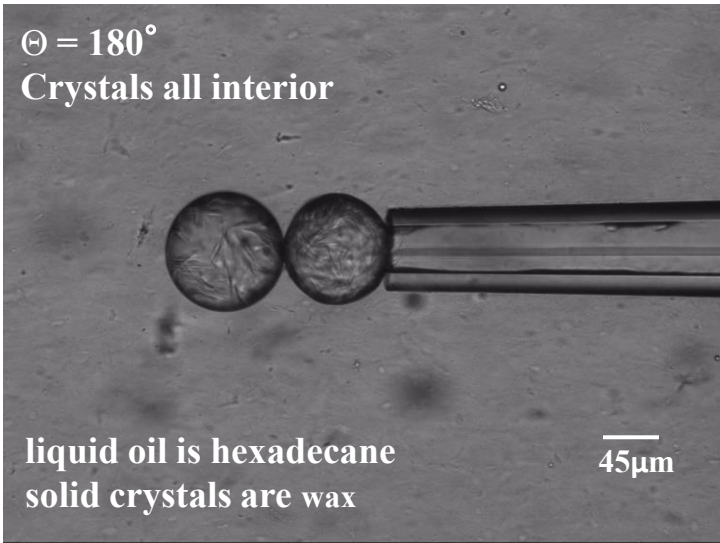


Coalescence or Partial Coalescence



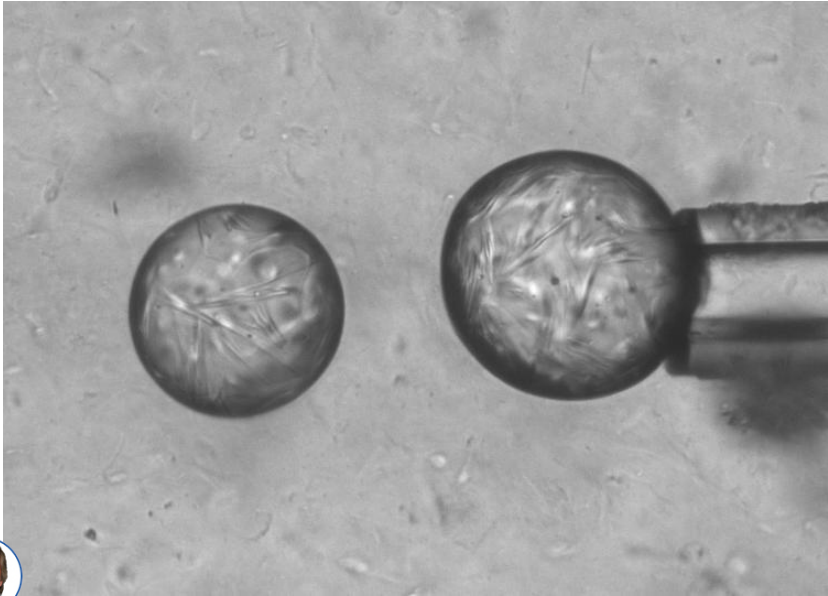
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Partial Coalescence



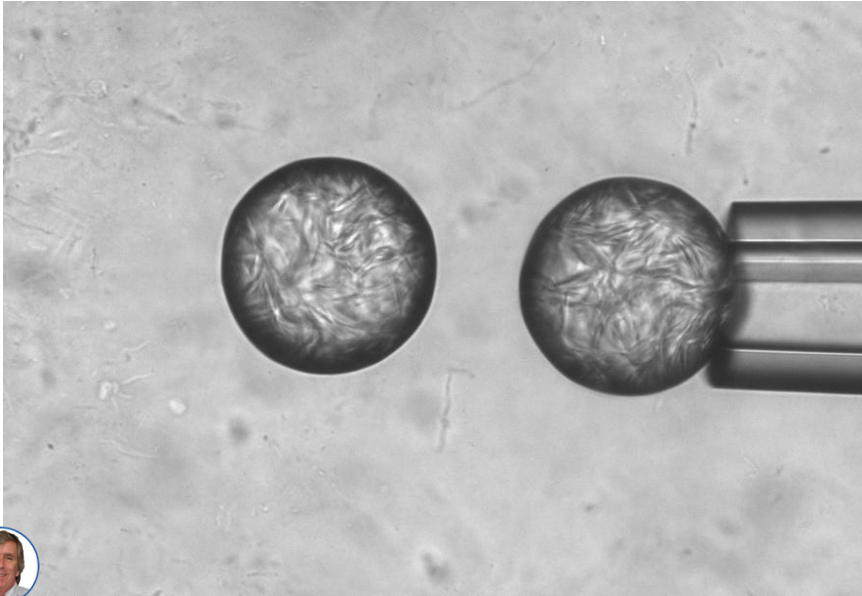
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30% Solid Fat Content (SFC)



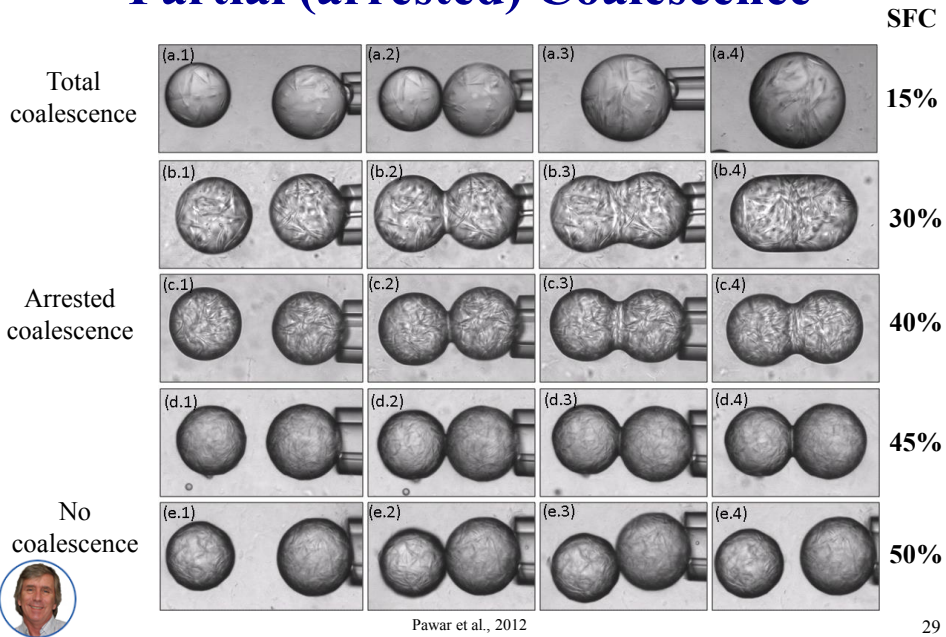
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40% Solid Fat Content (SFC)



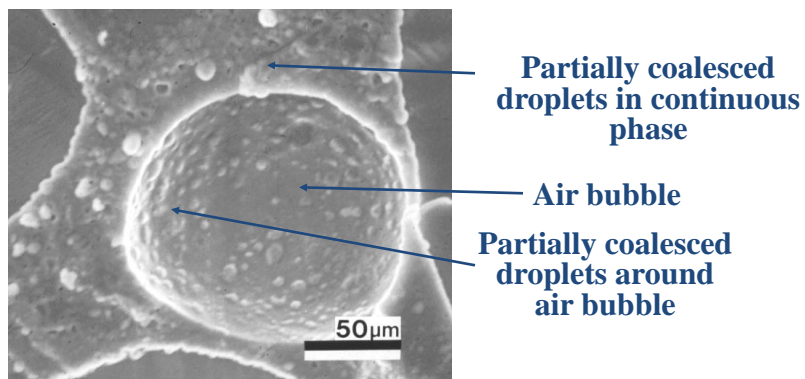
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Partial (arrested) Coalescence



Partial Coalescence in Ice Cream

- In ice cream, emulsion droplets partially coalesce and cover the air cell interface
 - Provide structural support for air cells

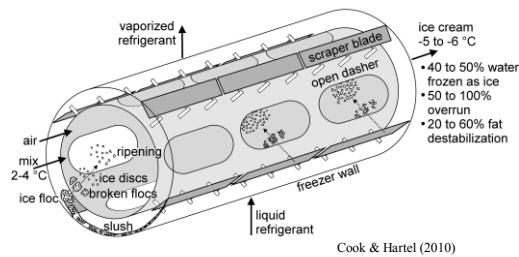


Ice cream viewed by cryo-SEM (D. Goff, Guelph)

30

Partial Coalescence in Ice Cream

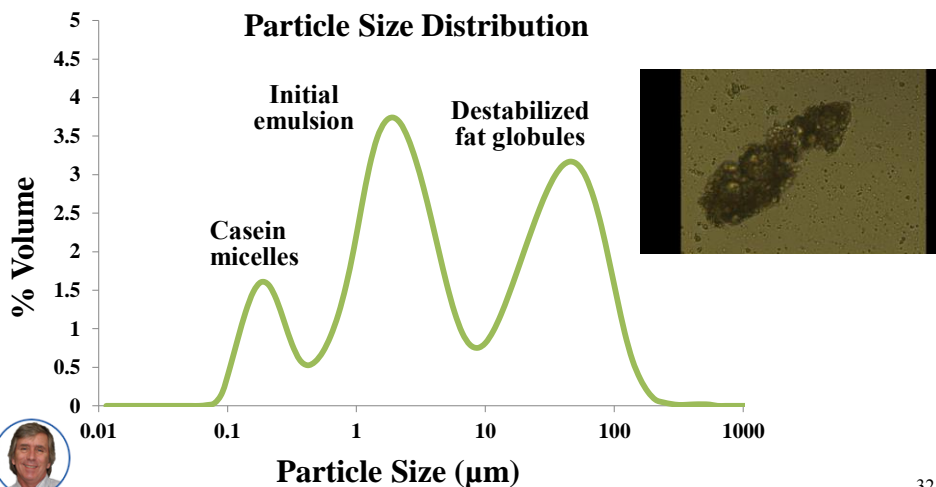
- In the short time the ice cream spends in the freezer, the fat globules (with 50-60% solid fat content) must come together to form 3-D clusters that subsequently support and help stabilize the air cells
 - Extensive shear forces at work to disrupt the O/W interface and allow the coalescence process to begin
 - The rigidity of crystal network within the fat globules prevents complete coalescence



31

Measuring Partial Coalescence

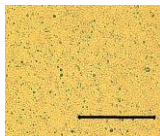
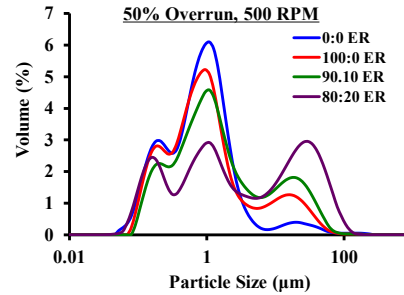
- Measured with light scattering technique



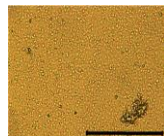
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Controlling Partial Coalescence

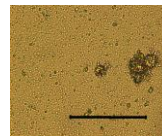
- **Addition of emulsifiers**
 - Polysorbate 80 (PS80)
 - Mono & diglycerides (MDG)
 - Ratio (ER=MDG:PS80)
- **Shear stress in the freezer**
 - Ice phase volume
 - Freezing point depression
 - Overrun
 - Dasher speed



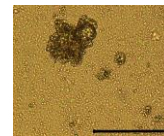
0:0 ER, 5.9%



100:0 ER, 19.6%



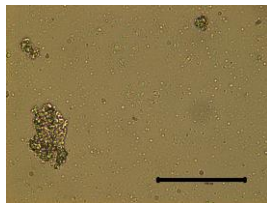
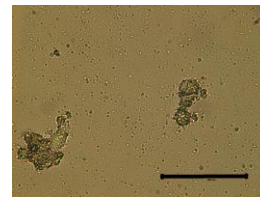
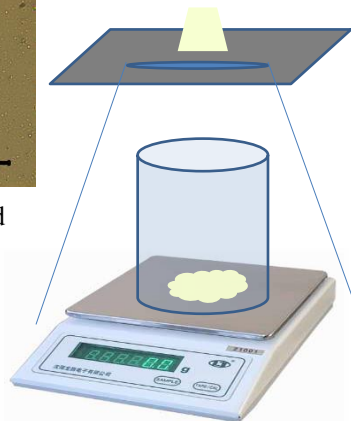
90:10 ER, 28.3%



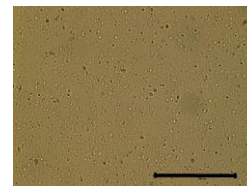
80:20 ER, 56.2%

33

Meltdown/Drip-through Test The Role of Fat Globule Clusters

Whole melt/melted
ice cream

Top/remnant foam



Drip-through

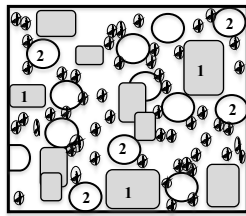


Up to 2 hrs at room temp
Plot weight vs time, take slope to obtain rate of melt

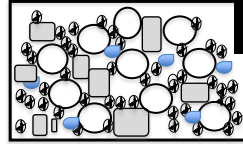
34

Low Fat Destabilization, Full Collapse and Drip-Through

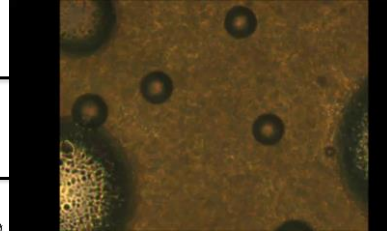
1	- Ice crystals		- Fat/destabilized fat
	- Free water	2	- Air cells
	- Serum phase		



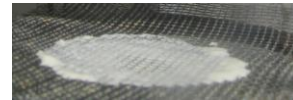
t = 0 minutes



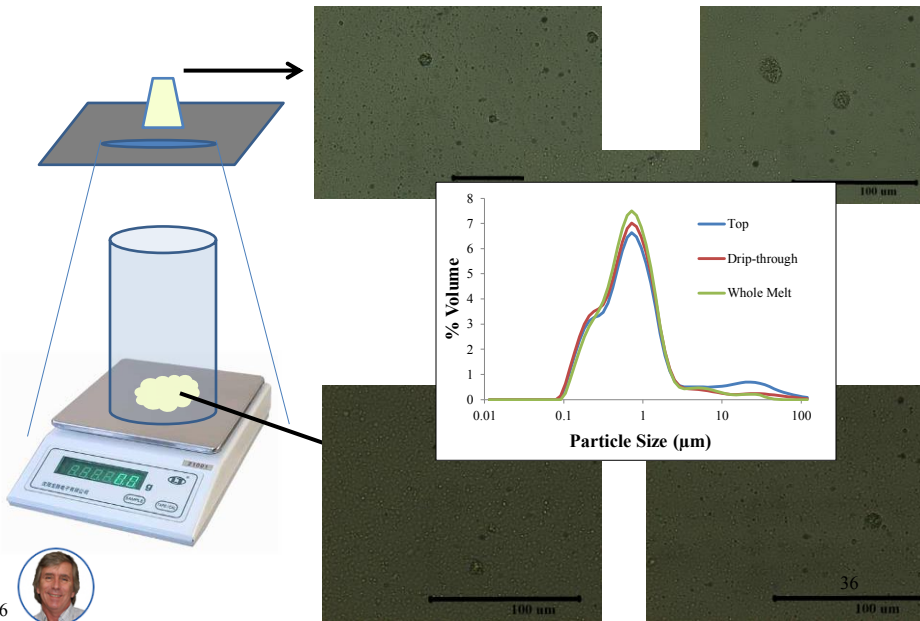
t = 60 minutes



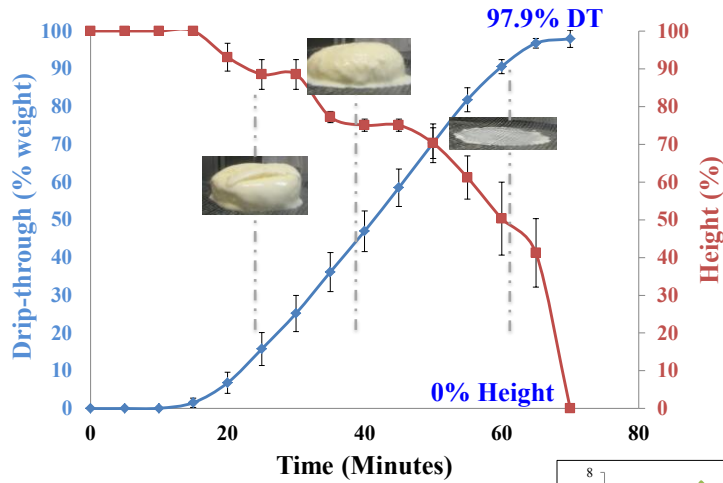
t = 70 minutes



Fast Drip-638: 5% FD

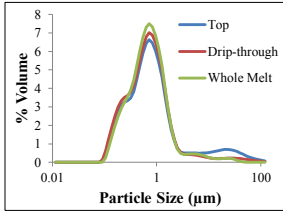


36



Sample 638

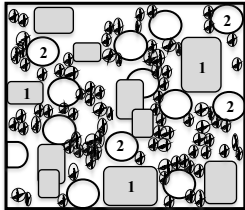
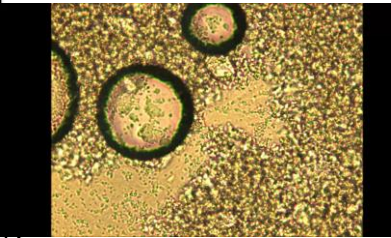
- Fast drip-through rate
- Minimal partial coalescence
- No stand-up properties



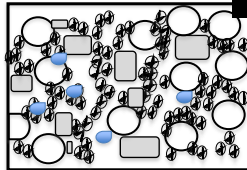
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High Fat Destabilization, Minimal Collapse

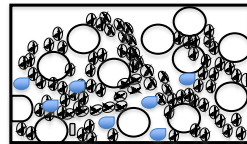
1	- Ice crystals	⊗	- Fat/destabilized fat
●	-Free water	②	- Air cells
	-Serum phase		



t = 0 minutes



t = 60 minutes

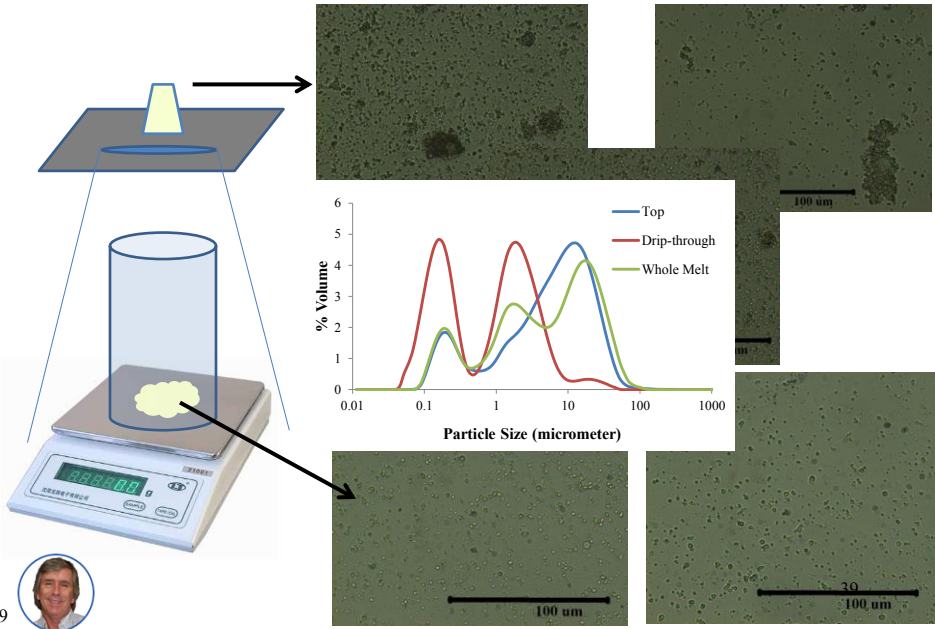


t = 120 minutes

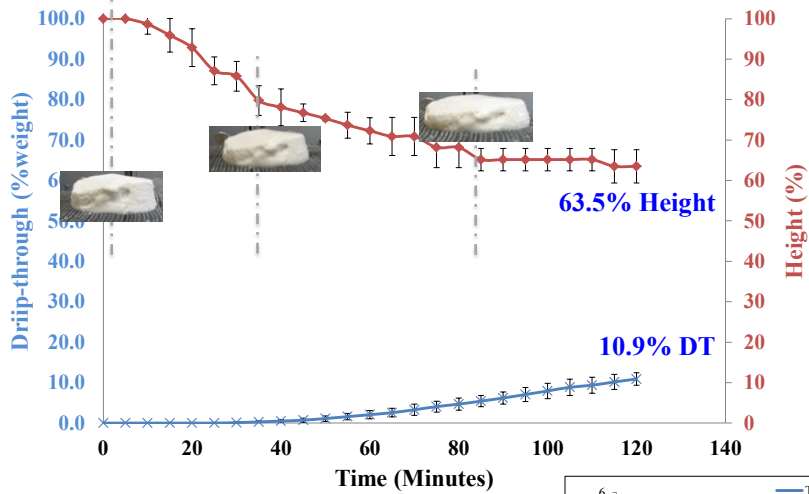


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Slow Drip-293: 55.3% FD



39

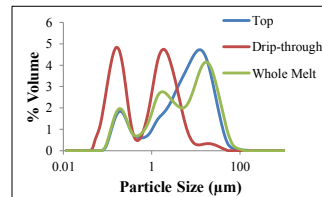


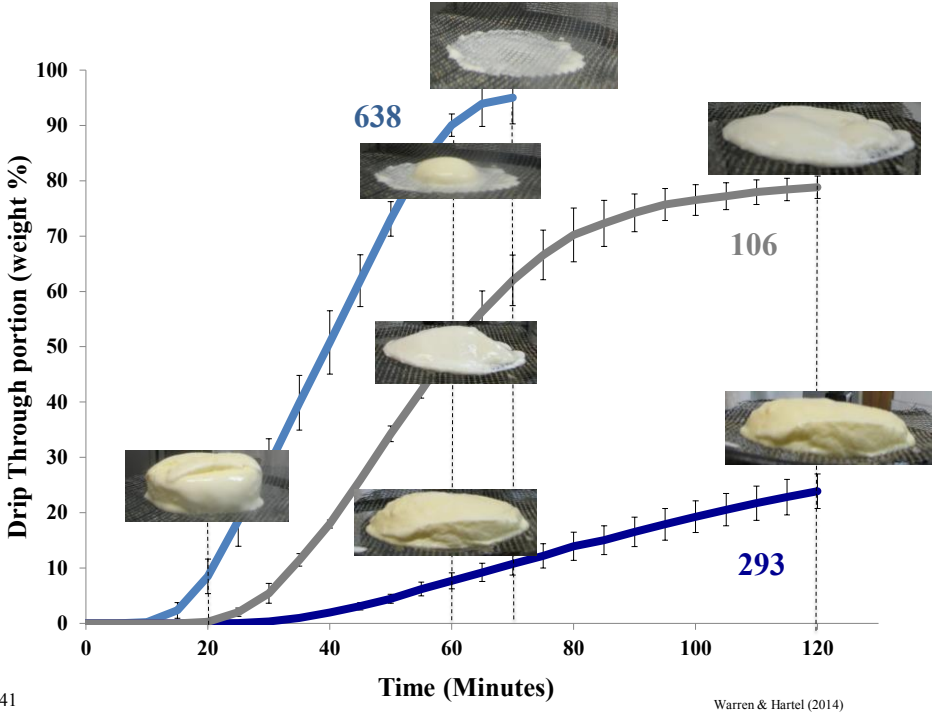
Sample 880

- Slow driip-through
- Large partial coalescence
- High stand-up properties



40





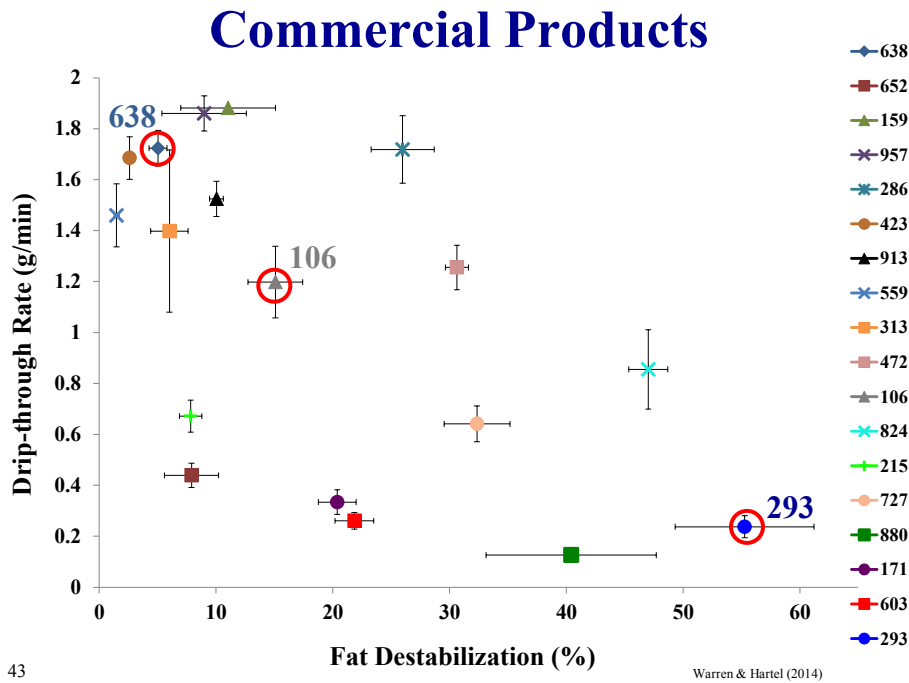
Audience Survey Question

ANSWER THE QUESTION ON BLUE SCREEN IN ONE MOMENT



Did you see a difference in melt-down of your ice cream samples and if so what was different between them?

- Fat content
- Overrun
- Stabilizer/thickener
- Emulsifier
- All of the above



43

Wrap Up

- **Walgreen's ice cream sandwiches**
 - Melting and collapse are two different phenomena, each governed by numerous parameters
 - The Walgreen's ice cream has melted, but because of the structures, it doesn't collapse – other commercial products show the same behavior
- **B&J ice cream in the OJ trial**
 - Yes, it'd be possible to predict time based on collapse (not "melting") of but control experiments would be needed

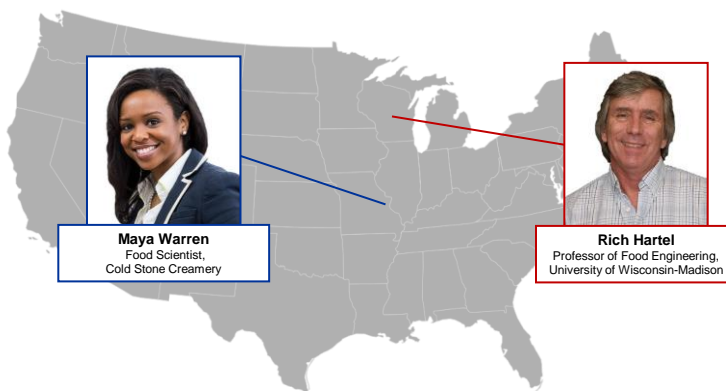
Ice cream - one of the most complex food products



44



Ice Cream Chemistry



Maya Warren
Food Scientist,
Cold Stone Creamery

Rich Hartel
Professor of Food Engineering,
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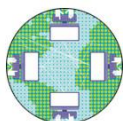
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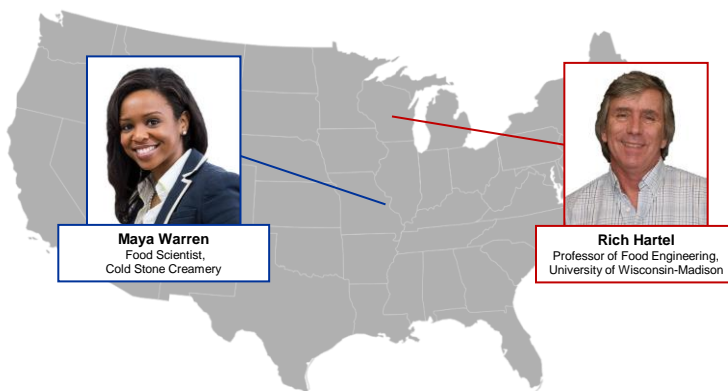
L. Nathan Tumey, Associate Research Fellow, Pfizer, Inc.

Peter Senter, Vice President of Chemistry, Seattle Genetics

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Final Thoughts?



Ice cream has been around hundreds of years but there is still plenty we don't really know about it.



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Quote in reference to: <http://bit.ly/SweetChem>



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Todd Smeltz,
High School Math & Chemistry Teacher,
Upper Dauphin Area School District




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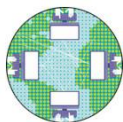


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